



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration						1 Movie Night 7:30PM, Theater
2 Earth Week Movie, "Journey Of The Universe" 3:00PM, Theater	3 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room VINS-Forest Canopy Van leaves @1:30PM	4 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room	5 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Executive Board Meeting 1:30PM, 4 th fl. Conf. Rm. Social, 4PM, Great Room	6 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room Open Wii Bowling 1PM, 1 st fl. Activity Room Conversation Circle 3PM, Great Room	7 Aqua Aerobics W/Frances, 9AM, Pool Chair Yoga, 10AM, 1 st fl. Activity Room Tai Chi for Balance 11AM, Fitness Room Pub Night 4:30PM, Great Room, BYOB	8 Movie Night 7:30PM, Theater
9 Pool: Every Tuesday 7:00PM, Billiards Room Ping Pong: Every Monday 7:15PM, 3rd fl. Activity Room Happy Mother's Day!	10 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Social Team Meeting 1:30PM, Great Room	11 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room Team Leaders Meeting 11AM, 1 st fl. Activity Room	12 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Chat w/Kitchen 2:00PM, Great Room	13 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room Open Wii Bowling 1PM, 1 st fl. Activity Room Chorus 3-3:45PM, Great Room	14 Aqua Aerobics W/Frances, 9AM, Pool Chair Yoga,10AM, 1st fl Act Rm Tai Chi for Balance 11AM Fitness Room *Birdsong Walk, Rob Humphries, 8:30AM, Meet @ Front Entrance Pub Night 4:30PM, Great Room, BYOB	15 Movie Night 7:30PM, Theater *Birdsong Walk, Rain Date, Monday, May 17th
16 Wii Bowling Teams All in 1st fl. Activity Rm: Every Monday 1:30PM,"Trees" Every Tuesday 1:30PM,"Branches" 3:15PM, "Twigs"	17 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room	18 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room AAB 11:00AM, 4 th fl. Conf. Room	19 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Chat w/Cindy 3:30PM, Great Room	20 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room Open Wii Bowling 1PM, 1 st fl. Activity Room Conversation Circle 3PM, Great Room	21 Aqua Aerobics W/Frances, 9AM, Pool Chair Yoga, 10AM, 1 st fl. Activity Room Tai Chi for Balance 11AM, Fitness Room Pub Night 4:30PM, Great Room, BYOB	22 Movie Night 7:30PM, Theater
23 30 Coffee: Every weekday afternoon starting at 2:30PM in the Great Room	24 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Speaker: 4 PM, Great Room, Jack Barrett,"Lutheran Missionary @ Deaconess Hospital Dresden Germany 1990" 31 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Memorial Day	25 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room	26 Aqua Aerobics 9AM, Pool <u>w/Joanna</u> Exercise Class w/Joanna 10AM, Fitness Room Annual WRA Meeting 4PM, Great Room	27 Exercise Class w/Richard 10AM, Fitness Room Chair Fitness Video 10:30AM, 1 st fl. Act Room Open Wii Bowling 1PM, 1 st fl. Activity Room Chorus 3-3:45PM, Great Room	28 Aqua Aerobics W/Frances, 9AM, Pool Chair Yoga, 10AM, 1 st fl. Activity Room Tai Chi for Balance 11AM, Fitness Room Pub Night 4:30PM, Great Room, BYOB	29 Movie Night 7:30PM, Theater

Woodlands May 2021 Events