



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration</p>			<p>1 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Social, Hawaiian Luau 4:30, Bar 5:30, Dinner</p>	<p>2 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Open Wii Bowling 1PM, 1st fl. Activity Room</p>	<p>3 Aqua Aerobics W/Frances, 9AM, Pool</p> <p>Chair Yoga, 10AM, 1st fl. Activity Room Tai Chi for Balance, 1:15PM, Fitness Room Pub Night, 4:30, Café, BYOB</p>	<p>4</p> <p>Movie Night, 7:30PM, Theater</p>
<p>5</p>	<p>6</p> <p>LABOR DAY</p>	<p>7 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>WRA Board Meeting, 1:30PM, 4th fl. Conf. Rm.</p> <p>Games Day, 3PM, Courtyard</p>	<p>8 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Chat w/Kitchen, 2:00PM, Great Room</p>	<p>9 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Open Wii Bowling 1PM, 1st fl. Activity Room</p> <p>Conversation Circle, 3PM, Great Room</p>	<p>10 Aqua Aerobics W/Frances, 9AM, Pool</p> <p>Chair Yoga, 10AM, 1st fl. Activity Room NO Tai Chi</p> <p>Pub Night, 4:30, Cafe', BYOB</p>	<p>11</p> <p>Movie Night, 7:30PM, Theater</p>
<p>12</p> <p>Ping Pong: Every Monday 7:15PM, 3rd floor Activity Room</p> <p>Pool: Every Tuesday 7:30PM, Billiards Room</p>	<p>13 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Social Team Meeting, 1:30PM, 4th fl. Conf. Room</p>	<p>14 Exercise Class w/Richard, 10AM, Fitness Room Team Leaders Meeting, 11AM, 4th fl. Conf. Room</p> <p>NH Ice Museum, Van leaves 12:30PM Games Day, 3PM, Courtyard</p>	<p>15 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Chat w/Cindy, 3:30PM, Great Room</p>	<p>16 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Open Wii Bowling 1PM, 1st fl. Activity Room</p>	<p>17 Aqua Aerobics W/Frances, 9AM, Pool Chair Yoga, 10AM, 1st fl. Activity Room Tai Chi for Balance, 1:15PM, Fitness Room Ladies Lunch Out, To Be Determined Pub Night, 4:30, Café, BYOB</p>	<p>18</p> <p>Movie Night, 7:30PM, Theater</p>
<p>19</p> <p>Every Wednesday, Mexican Train Dominoes Dinner, 5:15PM</p>	<p>20 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Peter Saccio, "The Death of Falstaff", 11AM, Great Room</p>	<p>21 Exercise Class w/Richard, 10AM, Fitness Room Doug Erhard, Computer Help, 9:30-11:30AM AAB, 11:00AM, 4th fl. Conf. Room Games Day, 3PM, Courtyard</p>	<p>22 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>First Day of Autumn!</p>	<p>23 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Open Wii Bowling 1PM, 1st fl. Activity Room</p> <p>Conversation Circle, 3PM, Great Room</p>	<p>24 Aqua Aerobics W/Frances, 9AM, Pool</p> <p>Chair Yoga, 10AM, 1st fl. Activity Room Tai Chi for Balance, 1:15PM, Fitness Room Pub Night, 4:30, Café, BYOB</p>	<p>25</p> <p>Movie Night, 7:30PM, Theater</p>
<p>26</p> <p>Jennifer Hansen Trio, 3:30PM, Great Room (Mezzo-Soprano, Flute & Piano)</p>	<p>27 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room</p> <p>Alberta Elder, "Celebration of 100 Years of Memories!" 1PM-3PM, Dining Room</p>	<p>28 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Games Day, 3PM, Courtyard</p>	<p>29 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Joanna, 10AM, Fitness Room Wellness Discussion Grp. "Aging Issues w/ Cynthia Stadler", 2:30PM, Great Rm</p>	<p>30 Exercise Class w/Richard, 10AM, Fitness Room</p> <p>Open Wii Bowling 1PM, 1st fl. Activity Room</p>		

Woodlands September 2021 Events