

July 2026 Activity Calendar

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

	<p><i>Beauty Salon is open Wednesdays with Sue from 9:00-3:00</i></p>		<p>1 9:15 Current Events-Gar Rm 10:15 Bocceball-outdoors 1:00 Decorate walkers/hats in Red/White & Blue-Act Rm 2:00 Food Mtg-LR1 3:30 Social Hour-Janet/GarRm</p>	<p>2 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 2:00 Readers Theater Performance-Mtg Rm Followed by an ice cream social in the Hughes Kitchen!</p>	<p>3 10:30 Exercise Class w/instructor-Mtg Rm 2:00 Celebrate America 250 with the East Bay Band& refreshments-Dining Rm</p>	<p>4 Happy 4th of July! 11:00 Enjoy an Independence Day Lunch! 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>5 2:30 Scrabble/cribbage-Act 3:00 Mexican Train-Act Rm</p>	<p>6 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Supporting Caregivers- Come connect with others who can understand your experience. Led by Erica Sharbaugh-Gar Rm</p>	<p>7 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-Mtg Rm 2:30 The Biology & Life History of Loons by the Loon Preservation Committee-Mtg Rm</p>	<p>8 9:15 Current Events-Gar Rm 10:15 Bocce ball-outdoors 1:00 Bus Trip to Artistree-For a tour of the Fiber Arts Exhibit-please sign up 3:30 Social Hour-Carol/Gar Rm</p>	<p>9 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 2:00 Songs & Stories of Patsy Cline w/Marybeth Lang-Gar Rm 3:30 Golf-putting green</p>	<p>10 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 1:00 Pastor Mark -Chapel Service/Discussion 2:00 Movie-LR2 2:00 Bridge-Act rm</p>	<p>11 10:00 Activity w/Michelle -LR1 1:00Left, Right Center Game-Act Rm 2:00 Movie-LR2 2:30 Sequence Game-Act</p>
<p>12 2:30 Scrabble/cribbage-Act 3:00 Mexican Train-Act Rm</p>	<p>13 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Kirsten Davis-Pianist & Singer -Mtg Rm</p>	<p>14 10:00 Fun Activity-LR2 10:30 Brain Fitness -Act Rm 12:45 Tai Ji Quan-Mtg Rm 2:30 Discussion & Reading of Edgar Allan Poe “The Raven” & “The Bells” w/Tom Coverdale-Mtg Rm</p>	<p>15 9:15 Current Events-Gar Rm 10:15 Morning Sing with Gerry& Brian-Gar Rm 1:00 Colonial Times Trivia w/Michelle-LR1 2:30 Service w/Father Guy-Chapel 3:30 Social Hour-/Gar Rm</p>	<p>16 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 2:00 Craft Time w/Mon-Act Rm 3:30 Music BINGO-Act Rm</p>	<p>17 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 2:00 Movie-LR2 2:00 Bridge-Act Rm</p>	<p>18 10:00 NY Times games w/Faye-LR1 1:00 Cornhole-Gar Rm 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>19 2:30 Scrabble/Cribbage-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>20 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Team Trivia-Act Rm</p>	<p>21 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 1:00 Foot Clinic-Act Rm 1:30 Cornhole-Gar Rm 3:00 Meet the Artist-Karen Clark Dyke-artwork in Garden Room</p>	<p>22 9:15 Current Events-Gar Rm 10:15 Bocceball-outdoors 10:30 Exercise class-Mtg Rm 1:00 Narrated Sunapee Boat Ride-please sign up 3:30 Social Hour –Elijah/Gar Rm</p>	<p>23 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:30 Matt Protas-guitarist/singer performs-outdoors or Gar Rm 3:00 Golf-putting green</p>	<p>24 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Poetry of Walt Whitman w/Kim Gifford-Library 2:00 Movie-LR2 2:00 Bridge-Act Rm</p>	<p>25 10:00 Activity w/Michelle-LR1 1:00 Elijah on piano-Gar Rm 2:00 Movie-LR2 2:30 Sequence Game -</p>
<p>26 2:30 Scrabble/Cribbage-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>27 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Father Tim Catholic Service-all are welcome-Chapel</p>	<p>2810:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 2:00 Mark Munzert Cowboy Poet -who speaks a traditional narrative of cowboy culture, land, cattle, horses and humans-Dwinell Room-don't miss this!</p>	<p>29 9:15 Current Events-Gar Rm 10:15 Bocceball-outdoors 1:00 Documentary-LR2 2:00 Book Club-Act Rm 3:30 Social Hour-Gar Rm</p>	<p>30 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:30 Learning about & Dealing with Hearing Loss & the different resources and technology available-Mtg Rm 3:00 Reading w/Michelle-GarRm</p>	<p>31 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Charlie on piano-Gar Rm 2:00 Movie-LR2 2:00 Bridge-Act Rm</p>	<p>Act-Activity Room Mtg-Meeting Room Gar -Garden Room LR1-Lving Room 1 LR2-Living Room 2</p>