

# Woodlands April 2026 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Codes:</b> <b>Black Printing: Activities</b> <b>Red Printing: Exercise</b> <b>Blue Printing: Administration</b> <b>Green Printing: Repeat Community Activities</b>	<b>Every Monday:</b> <u>Bowling, Roots, 11AM</u> <u>Trees, 12:30PM</u> <u>Ping Pong, 7:15PM,</u> <u>3<sup>rd</sup> Floor Activity Room</u>	<b>Every Tuesday:</b> <u>Bowling, Branches,</u> <u>12:30PM</u> <u>Cornhole, 3PM,</u> <u>1<sup>st</sup> fl. Activity Room</u> <u>Pool, 7:15PM,</u> <u>4<sup>th</sup> fl. Billiards Room</u>	<u>1 Aqua Aerobics</u> <u>w/Joanna, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>WRA Board Meeting,</u> <u>1:30PM, 4<sup>th</sup> fl. Conf. Room</u> <u>Social, 4PM, Great Room</u> <p style="text-align: center;"><b>Passover</b></p>	<u>2 Exercise Class</u> <u>w/Jackie,</u> <u>10AM, Exercise Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u>	<u>3 Aqua Aerobics</u> <u>w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/</u> <u>Kevin, 10:30AM, Exercise</u> <u>Room</u> <u>Pub Night,</u> <u>4:30PM, Cafe'</u>	<b>4</b> <b>Movie Night</b> <b>"Step Brothers", 2008,</b> <b>1 hr., 46 min.</b> <b>7:30PM, Theater</b>
<b>5</b> <p style="text-align: center;"><b>Easter</b></p>	<u>6 Aqua Aerobics</u> <u>w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u>	<u>7 Exercise Class</u> <u>w/Frances, 10AM, Exercise</u> <u>Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u>	<u>8 Aqua Aerobics</u> <u>w/Joanna, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Team Leaders Meeting,</u> <u>11AM, 4<sup>th</sup> fl. Conf. Room</u> <u>Chat w/ Kitchen</u> <u>2PM, Great Room</u>	<u>9 Exercise Class</u> <u>w/Jackie,</u> <u>10AM, Exercise Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u>	<u>10 Aqua Aerobics</u> <u>w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/</u> <u>Kevin, 10:30AM, Exercise</u> <u>Room</u> <u>Pub Night,</u> <u>4:30PM, Cafe'</u>	<b>11</b> <b>Movie Night</b> <b>"The Jazz Singer",</b> <b>1980, 1 hr., 56 min.</b> <b>7:30PM, Theater</b>
<b>12</b>	<u>13 Aqua Aerobics</u> <u>w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Social Team Meeting,</u> <u>1:30PM, 4<sup>th</sup>, fl. Conf. Room</u>	<u>14 Exercise Class</u> <u>w/Frances, 10AM, Exercise</u> <u>Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u>	<u>15 Aqua Aerobics</u> <u>w/Joanna, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Chat w/Executive Director,</u> <u>Nikki Fortier</u> <u>2:30PM, Great Room</u>	<u>16 Exercise Class</u> <u>w/Jackie,</u> <u>10AM, Exercise Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u> <u>Lunch Out, Millstone, Van</u> <u>leaves at 11:20AM</u>	<u>17 Aqua Aerobics</u> <u>w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/</u> <u>Kevin, 10:30AM, Exercise</u> <u>Room</u> <u>Pub Night,</u> <u>4:30PM, Cafe'</u>	<b>18</b> <b>Movie Night</b> <b>"In the Heat of the</b> <b>Night", 1967, 1 hr., 51</b> <b>min.</b> <b>7:30PM, Theater</b>
<b>19</b> <b>Piano Concert, Sally Pinkus</b> <b>(Dartmouth faculty), 3PM,</b> <b>Great Room</b>	<u>20 Aqua Aerobics</u> <u>w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u>	<u>21 Exercise Class</u> <u>w/Frances, 10AM, Exercise</u> <u>Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u> <u>Doug Erhard, Computer</u> <u>Help, 9:30-11:30AM</u>	<u>22 Aqua Aerobics</u> <u>w/Joanna, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Chat w/Maintenance,</u> <u>2PM, Great Room</u> <b>Every Wednesday:</b> <u>Wii Bowling, Acorns, 11AM</u> <u>Mexican Train Dominoes,</u> <u>Dinner, 5PM</u> <u>Dominoes Game, 7PM</u>	<u>23 Exercise Class</u> <u>w/Jackie,</u> <u>10AM, Exercise Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u> <u>Wellness Discussion</u> <u>"Scam Savvy Seniors" with</u> <u>Jim Rollins, 2PM Great Room</u>	<u>24 Aqua Aerobics</u> <u>w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/</u> <u>Kevin, 10:30AM, Exercise</u> <u>Room</u> <u>Pub Night,</u> <u>4:30PM, Cafe'</u>	<b>25</b> <b>Movie Night</b> <b>"The Sweet Smell of</b> <b>Success", 1957, 1 hr.,</b> <b>32 min.</b> <b>7:30PM, Theater</b>
<b>26</b>	<u>27 Aqua Aerobics</u> <u>w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Speaker, Helen Hong, Exec.</u> <u>Dir., Cover Home Repair</u> <u>Store, 4PM, Great Room</u>	<u>28 Exercise Class</u> <u>w/Frances, 10AM, Exercise</u> <u>Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u>	<u>29 Aqua Aerobics</u> <u>w/Joanna, 9AM, Pool</u> <u>Exercise Class w/Paul</u> <u>10AM, Exercise Room</u> <u>Chat w/Maintenance,</u> <u>2PM, Great Room</u> <b>Every Wednesday:</b> <u>Wii Bowling, Acorns, 11AM</u> <u>Mexican Train Dominoes,</u> <u>Dinner, 5PM</u> <u>Dominoes Game, 7PM</u>	<u>30 Exercise Class</u> <u>w/Jackie,</u> <u>10AM, Exercise Room</u> <u>Gentle Yoga w/Frances,</u> <u>11AM, Exercise Room</u> <u>Day Trip, Hanover Garden</u> <u>Club Green House, van leaves</u> <u>at 1:35PM</u>	<b>Every Friday:</b> <u>Mah Jongg, 1PM, Cafe'</u>	