

February 2026 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  1:00 Cornhole-Gar Rm 3:00 Mexican Train-Act Rm	2 <u>Groundhog Day</u> 10:00 Fun Activity -LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Learn Reflexology- your hands/feet map to the body-w/Tracey-Mtg Rm	3 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-First class for new session-Mtg Rm 2:00 Cornhole Game with Wheelock Terrace!! Dining Rm	4 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Chat w/Nikki-Mtg Rm 1:00 Word guessing game-LR1 2:00 Food Mtg-LR1 3:30 Social Hour-Gar Rm Janet on piano	5 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 2:00 The Evergreen Singers Perform-Gar Rm 3:00 Reading short stories w/ Michelle-Gar Rm	6 <u>'26 Winter Olympics Begin</u> 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 1:00 Pastor Mark -Chapel Service/Discussion 2:00 Movie-LR2 2:00 Bridge-Act Rm	7 10:00 Coffee Talk w/Faye-LR1 1:00 Resident Theatre Rehearsal-Mtg Rm 2:00 Movie-LR2 2:30 Sequence-Act Rm
8 <u>Superbowl Sunday</u> <u>Patriots Vs Seahawks</u> 6:30 on NBC-LR2  1:00 Cornhole-Gar Rm 3:00 Mexican Train- ActRm	9 10:00 Fun Activity -LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm	10 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-Mtg Rm 2:30 Bob Lucier performs on piano-Gar Rm	11 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 4 th Graders Singing / HH Olympic Games-Dwinell Rm 3:30 Social Hour-Gar Rm Carol on piano	12 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 2:00 Valentine Candy Game- Act Rm	13 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 2:00 Chocolate Tasting-VDay Treat! (try variety of chocolates & vote for your favorite)–Gar Rm 3:00 Movie-LR2 3:00 Bridge-Act Rm	14 <u>Valentine's Day</u> 10:00 Coffee talk w/Michelle-LR1 1:00 Elijah on piano-Gar Rm 2:00 Movie-LR2 2:30 Sequence Game- Act Rm
15 1:00 Cornhole-Gar Rm 3:00 Mexican Train- Act Rm	16 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Guided Meditation (reduces stress / promotes calmness) 35 mins. – Mtg Rm	17 10:00 Fun Activity-LR2 10:30 Brain Fitness -Act Rm 12:45 Tai Ji Quan-Mtg Rm 2:00 Mardi Gras Party! Music w/East Bay Dixieland Combo/Refreshments-Dining Rm	18 9:15 Current Events-GarRm 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 1:00 Theatre Rehearsal Mtg Rm 2:30 Ash Wed. Service w/Father Guy - LR2 3:30 Social Hour-Anne piano	19 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 1:30 Art w/Finnie-Act Rm 3:00 Reading short stories w/ Michelle-Gar Rm	20 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 1:00 Poetry & Life of Mary Oliver w/Kim-Act Rm 2:00 Movie-LR2 2:00 Bridge-Act Rm	21 2:00 Movie-LR2 2:30 Sequence-Act Rm
22 <u>'26 Winter Olympics</u> <u>End</u> 10:00 Coffee Talk w/Michelle-LR1 1:00 Cornhole-Gar Rm 3:00 Mexican Train-Act Rm	23 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Jim Hollis - guitarist/singer performs Gar Rm	24 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-Mtg Rm 2:30 Enjoy playing Music Bingo! Act Rm	25 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise class-Mtg Rm 1:00 Documentary-LR2 2:00 Book Club-Act Rm 3:30 Social Hour – Gar Rm Elijah on piano	26 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 12:45 Tai Ji Quan-Mtg Rm 3:00 Learn about Artist Grandma Moses w/Pippa Drew- Mtg Rm	27 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 2:00 Movie-LR2 2:00 Bridge-Act Rm	28 2:00 Movie-LR2 2:30 Sequence Game - Act Rm
Act. -Activity Room Mtg.-Meeting Room Gar. -Garden Room LR1-Lving Room 1 LR2-Living Room 2		<i>Beauty Salon is open</i> <i>Wednesdays with Sue from</i> <i>9:00 to 3:00</i>		<i>*Please check the Activity</i> <i>Board daily for any changes &</i> <i>information</i>	Act. -Activity Room Mtg.-Meeting Room Gar. -Garden Room LR1-Lving Room 1 LR2-Living Room 2	