



Woodlands October 2025 Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration Green Printing: Repeat Community Activities	Every Monday: <u>Wii Bowling Teams, Roots, 11AM, Trees, 11AM</u> <u>Ping Pong, 7:15PM, 3rd floor Activity Room</u>	Every Tuesday: <u>Wii Bowling Teams, Branches, 2PM</u> <u>Outdoor Games, weather permitting, 3PM, Courtyard</u> <u>Pool, 7:15PM, 4th floor Billiards Room</u>	<u>1 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u> <u>WRA Board Meeting, 1:30PM, 4th fl. Conf. Room</u> <u>Social, 4PM, Great Room</u>	<u>2 Exercise Class w/Jackie, 10AM, Exercise Room</u> <u>Gentle Yoga w/Frances, 11AM, Exercise Room</u> <u>Chorus w/Bob & Molly, 3PM, Great Room</u>	<u>3 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/ Kevin, 11:45AM, Exercise Room</u> <u>Pub Night, 4:30PM, Cafe'</u> Every Friday: <u>Mah Jongg, 2PM, Cafe'</u>	4 <u>Movie Night "12 Angry Men" 1957, 1hr., 35 min. 7:30PM, Theater</u>
5	<u>6 Aqua Aerobics w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u>	<u>7 Exercise Class w/Selena, 10AM, Exercise Room</u> <u>Gentle Yoga w/ Frances, 11AM, Exercise Room</u>	<u>8 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Exercise Class w/Paul,, 10AM, Exercise Room</u> <u>Team Leaders Meeting, 11:00AM, 4th fl. Conf. Room</u> <u>Chat w/ Kitchen, 2PM, Great Room</u>	<u>9 Exercise Class w/Jackie, 10AM, Exercise Room</u> <u>Gentle Yoga w/Frances, 11AM, Exercise Room</u> <u>Day Trip, Ice House Museum, New London 1PM van departure</u>	<u>10 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/ Kevin, 11:45AM, Exercise Room</u> <u>Pub Night, 4:30PM, Cafe'</u>	11 <u>Movie Night "The Bridges of Madison County" 1995, 2 hr., 15 min. 7:30PM, Theater</u>
12	<u>13 Aqua Aerobics w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u> <u>Social Team Meeting, 1:30PM, 4th, fl. Conf. Room</u>	<u>14 Exercise Class w/Selena, 10AM, Fitness Room</u> <u>Gentle Yoga w/ Frances, 11AM, Exercise Room</u> <u>Chat w/Executive Director, Nikki Fortier 3:30PM, Great Room</u>	<u>15 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u>	<u>16 Exercise Class w/Jackie, 10AM, Exercise Room</u> <u>Gentle Yoga w/Frances, 11AM, Exercise Room</u> <u>Lunch Out, Burdick's in Walpole, 11:20AM van</u> <u>Chorus w/Bob & Molly, 3PM, Great Room</u>	<u>17 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/ Kevin, 11:45AM, Exercise Rm</u> <u>Storyteller, Andy Davis, 3PM, Great Rm.</u> <u>Pub Night, 4:30PM, Cafe'</u>	18 <u>Reflections, 10AM, 1st Fl. Activity Rm.</u> <u>Movie Night "Saturday Night Fever" 1977, 1hr., 59 min. 7:30PM, Theater</u>
19	<u>20 Aqua Aerobics w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u>	<u>21 Exercise Class w/Selena, 10AM, Exercise Room</u> <u>Gentle Yoga w/ Frances, 11AM, Exercise Room</u> <u>Doug Erhard, Computer Help, 9:30-11:30AM</u>	<u>22 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Exercise Class w/Paul 10AM, Exercise Room</u> <u>WRA Annual Meeting (for all residents); 4PM, Great Room</u>	<u>23 Exercise Class w/Jackie, 10AM, Exercise Room</u> <u>Gentle Yoga w/Frances, 11AM, Exercise Room</u>	<u>24 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/ Kevin, 11:45AM, Exercise Room</u> <u>Pub Night, 4:30PM, Cafe'</u>	25 <u>Movie Night "Love me or Leave Me" 1955, 2hr., 2 min. 7:30PM, Theater</u>
26	<u>27 Aqua Aerobics w/Kathleen, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u> <u>Speaker, Calvin Mills, "Semester at Sea", Great Room, 4PM</u>	<u>28 Exercise Class w/Selena, 10AM, Exercise Room</u> <u>Gentle Yoga w/ Frances, 11AM, Exercise Room</u> <u>Chat w/Maintenance, 3PM, Great Room</u>	<u>29 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Exercise Class w/Paul, 10AM, Exercise Room</u> <u>Wellness Discussion: Oral Health, Dr Robert Keene, DMD 3:30PM, Great Room</u> Every Wednesday: <u>Bowling, Acorns, 11AM</u> <u>Mexican Train Dominoes, Dinner, 5PM, Game 7PM</u>	<u>30 Exercise Class w/Jackie, 10AM, Exercise Room</u> <u>Gentle Yoga w/Frances, 11AM, Exercise Room</u> Every Thursday: <u>Open Wii Bowling, 1PM</u>	<u>31 Aqua Aerobics w/Laurie, 9AM, Pool</u> <u>Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room</u> <u>Pub Night, 4:30PM, Cafe'</u> Happy Halloween!	