





September 2025 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Labor Day 11:00- Enjoy a Barbecue Lunch- Dining Rm 2:00 Movie-LR2	2 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 1:00 Tai Ji Quan-Mtg Rm 2:30 Bocceball-outdoors (Weather permitting)	3 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Chat w/Nikki-Mtg Rm 1:00 Golf-putting green 2:00 Food Mtg-LR1 3:30 Social Hour-Gar Rm Janet on piano	4 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:00 Craft Time-Act Rm 3:00 Randall Mullen on piano-Gar Rm	5 10:00 Fun Activity-Act rm 10:30 Exercise Class-Mtg Rm 1:00 Pastor Mark -Chapel Service/Discussion 2:00 Movie-LR2 2:00 Bridge-Act rm	6 10:00 Fun w/Michelle-Act Rm 1:00 Pianist Elijah Performs-Gar rm 2:00 Movie-LR2 2:30 Sequence-Act Rm
7 <i>Assisted Living Week</i> 10:00 Fun w/Faye-Act Rm 2:00 Island Time Steele Drum Band-Dining Rm! 3:00 Mexican Train-Act Rm	8 10:00 Fun Activity -LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Sing-along with Molly-Gar Rm 4:30Grace Performs on piano-Gar Rm	9 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 1:00 Tai Ji Quan-Mtg Rm 3:00 Learn about the Lebanon Police K-9 unit with Sgt Scelza and his dog Allergo-Mtg rm	10 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Trip to the Hood Museum-please sign up 3:30 Social Hour-Carol/piano Winner announced of “Where Am I From” List	11 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:30 You Be the Judge-Gar Rm 3:00 Hiking and Rafting in the Grand Canyon with Tom Wilson-Travelogue-Mtg Rm	12 10:00 Fun Activity-Act rm 10:30 Exercise Class-Mtg Rm 2:00 Café Francais-French Singing Group-Dining Rm 3:00 Movie-LR2 3:00 Bridge-Act rm	13 <i>“When you are reluctant to change, think of the beauty of autumn.” -VV Brown</i> 2:00 Movie-LR2 2:30 Sequence Game-Act Rm
14 1:30 Cornhole-Gar Rm 2:30 Scrabble/cribbage-Act 3:00 Mexican Train-Act Rm	15 <i>Rosh Hashanah begins</i> 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00Hymn Sing-Gar Rm	16 10:00 Fun Activity-LR2 10:30 Brain Fitness -Act Rm 1:00 Tai Ji Quan-Mtg Rm 2:00 Music Duo Second Wind-Dining Rm 3:30 Janet reads aloud-Gar Rm	17 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Walking Group-meet in lobby 2:30 Service w/Father Guy-Chapel 3:30 Social Hour-Gar Rm	18 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:00 Craft w/Finnie-Act Rm 3:00 Meet APD Chaplain Kirsty De Pree and learn the role of a Chaplain-Mtg Rm	19 10:00 Fun Activity-LR2 10:30 Exercise Class-Mtg Rm 1:00 Charlie on Piano-Gar Rm 2:00 Movie-LR2 2:00 Bridge-Act Rm	20 <i>In 1973 on this date Billie Jean King, defeated Bobby Riggs in Tennis</i> 2:00 Movie-LR2 2:30 Sequence-Act Rm
21 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage-Act Rm 3:00 Mexican Train-Act Rm	22 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Golf-putting green	23 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 1:00 Tai Ji Quan-Mtg Rm 2:00 Meet the Artist-Karen Dyke-Gar Rm 3:30 Janet reads aloud “The Borrowed Life of Frederick of Frederick Fife-Gar Rm	24 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise class-Mtg Rm 1:00 Movie Documentary-LR2 2:00 Book Club-Act Rm 3:30 Social Hour - Elijah on piano	25 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:30 Music Bingo-Act Rm 3:00 DHMC Patient Support-Learn about this service for medical appt’s-Mtg Rm	26 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Poetry/Life of A.A. Milne of Winnie the Pooh Fame- Act Rm 2:00 Movie-LR2 2:00 Bridge-Act rm	27 Enjoy a walk with a friend! 2:00 Movie-LR2 2:30 Sequence Game -
28 10:00 Fun w/Michelle Act Rm 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage-Act Rm 3:00 Mexican Train-Act Rm	29 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 "Underwater Explorations” with Chris Crowley-Mtg Rm	30 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 1:00 Foot Care Clinic-Act Rm 1:00 Tai Ji Quan-Mtg Rm 3:30 Janet reads aloud “The Borrowed Life of Frederick Fife-Gar Rm		<i>Beauty Salon is open Monday afternoons and Tuesdays with Nadine</i>		Act.-Activity Room Mtg.-Meeting Room Gar. -Garden Room LR1-Lving Room 1 LR2-Living Room 2