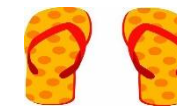





# August 2025 Events Woodlands



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Codes:</b> <b>Black Printing: Activities</b>  <b>Red Printing: Exercise</b>  <b>Blue Printing: Administration</b> <b>Green Printing: Repeat Community Activities</b>	<b>Every Tuesday:</b> Trees, 12:30PM Ping Pong, 7:15PM, 3 <sup>rd</sup> Floor Activity Room	<b>Every Tuesday:</b> Pool, 7:15PM, 4 <sup>th</sup> floor Billiards Room	<b>Every Wednesday:</b> Mexican Train Dominoes, Dinner, 5PM Dominoes Game, 7PM		<b>1 Land 'Aqua' Class w/Selena</b> , 9AM, Exercise Room <b>Tai Chi for Balance w/Kevin</b> , 11:45AM, Exercise Room <b>Pub Night</b> , 4:30PM, Cafe BYOB <b>Every Friday:</b> <b>Mah Jongg</b> , 2PM, Café	<b>2</b>  <b>Movie Night</b> "A Walk in the Woods" 2015 1 hr., 45 min. 7:30PM, Theater
<b>3</b>	<b>4 Land 'Aqua' Class w/Laurie</b> , 9AM, Exercise Room  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  <b>Day Trip</b> , Mt. Sunapee Scenic Lake Cruise; Van departs at 12:50pm	<b>5 Exercise Class w/Selena</b> , 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room  <b>Outdoor Games</b> , 3PM, Courtyard	<b>6 Land 'Aqua' Class w/Joanna</b> , 9AM, Exercise Room <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  <b>WRA Board Meeting</b> , 1:30PM, 4 <sup>th</sup> fl. Conf. Rm  <b>Lobster Bake</b> , 4:30PM	<b>7 Exercise Class w/Jackie</b> , 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room  <b>Chorus</b> , 3-3:45PM, Great Room	<b>8 Land 'Aqua' Class w/Selena</b> , 9AM, Exercise Room  <b>Tai Chi for Balance w/Kevin</b> , 11:45AM, Exercise Room  <b>Pub Night</b> , 4:30PM, Café, BYOB	<b>9</b>  <b>Movie Night</b> , "Hello Dolly" 1969 2hr., 28 min. 7:30PM, Theater
<b>10</b>	<b>11 Land 'Aqua' Class w/Laurie</b> , 9AM, Exercise Room  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  <b>Social Team Meeting</b> , 1:30PM, 4 <sup>th</sup> , fl. Conf. Room	<b>12 Exercise Class w/Selena</b> , 10AM, Exercise Room <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room <b>Chat w/Kitchen</b> , 2PM, Great Room  <b>Outdoor Games</b> , 3PM, Courtyard	<b>13 Land 'Aqua' Class w/Joanna</b> , 9AM, Exercise Room  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  <b>Team Leaders Meeting</b> , 11PM, 4 <sup>th</sup> fl. Conf. Room	<b>14 Exercise Class w/Jackie</b> , 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room	<b>15 Land 'Aqua' Class w/Selena</b> , 9AM, Exercise Room  <b>Tai Chi for Balance w/Kevin</b> , 11:45AM, Exercise Room  <b>Pub Night</b> , 4:30PM, Café, BYOB	<b>16</b>  <b>Movie Night</b> , "The Life of Pi" 2012 2hr., 7 min. 7:30PM, Theater
<b>17</b>	<b>18 Aqua Aerobics w/Kathleen</b> 9AM, Pool  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room <b>Speaker: Kyle &amp; Doug Hopkins, "Sailing Around the World Over 7 Years"</b> 4PM, Great Room	<b>19 Exercise Class w/Selena</b> , 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room  <b>Outdoor Games</b> , 3PM, Courtyard	<b>20 Aqua Aerobics w/Joanna</b> 9AM, Pool  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  <b>Chat w/Executive Director, Nikki Fortier</b> 3:30PM, Great Room	<b>21 Exercise Class w/Jackie</b> , 10AM, Exercise Room <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room <b>Lunch Out</b> , Lui,Lui Van departs at 11:40 <b>Chorus</b> , 3-3:45PM, Great Room	<b>22 Aqua Aerobics W/Laurie</b> 9AM, Pool  <b>Tai Chi for Balance w/Kevin</b> , 11:45AM, Exercise Room  <b>Pub Night</b> , 4:30PM, Café, BYOB	<b>23 Concert, Bob Merrill</b> , 3pm, Great Room  <b>Movie Night</b> , "Mr. Deeds Goes to Town" 1936 1 hr., 55 min. 7:30PM, Theater
<b>24</b>  <b>31</b>	<b>25 Aqua Aerobics w/ Kathleen</b> , 9AM, Pool  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room	<b>26 Exercise Class w/Selena</b> , 10AM, Exercise Room <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room <b>Chat w/Maintenance</b> 2PM, Great Room <b>Outdoor Games</b> , 3PM, Courtyard	<b>27 Aqua Aerobics w/Joanna</b> 9AM, Pool  <b>Exercise Class w/Paul</b> , 10AM, Exercise Room  .	<b>28 Exercise Class w/Jackie</b> , 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> , 11AM, Exercise Room	<b>29 Aqua Aerobics w/Laurie</b> , 9AM, Pool  <b>Tai Chi for Balance w/Kevin</b> , 11:45AM, Exercise Room  <b>Pub Night</b> , 4:30PM, Café, BYOB	<b>30</b>  <b>Movie Night</b> , "To Kill a Mockingbird" 1963 2 hr., 9 min. 7:30PM, Theater