

July 2025 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-Mtg Rm 1:30 Craft -Making Patriotic Wreaths-Act Rm 3:00 Golf-putting green 4:00 Sunflower Quintet Rehearsal-Gar Rm	2 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Chat w/Nikki-Mtg Rm 1:00 Decorate walkers for July 4th-LR1 1:00 New London Play <u>Sister Act</u>-meet in the lobby 2:00 Food Mtg-LR1 3:30 Social Hour-Gar Rm (Janet)	3 10:00 Fun Activity-LR2 10:30 Tai Ji Quan-Mtg Rm 10:30 Yoga Class-Hughes unit 1:30 Craft w/Finnie-Act Rm 3:00 Bob Lucier-patriot songs on piano-Gar Rm	4 <u>Happy 4th of July</u> 11:00 Barbecue Meal! 1:00 Elijah Performs on piano-Gar Rm 2:00 Movie-LR2 7:00 Boston Pops Fireworks Spectacular -Channel 7	5 Enjoy a walk! 2:00 Movie-LR2 2:30 Sequence-Act Rm
6 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage or Scatttergories-Act Rm 3:00 Mexican Train-Act	7 10:00 Fun Activity -LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Sing-along with Molly-gar Rm	8 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45 Tai Ji Quan-Mtg Rm 1:30 Pokeno Game!-Act Rm 3:00-The Simplicity of Water Colors-(painting class)-Act Rm 4:00 Sunflower Quintet Rehearsal-Gar	9 9:15 Current Events-Gar Rm 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:00 Talk with Lebanon Mayor Doug Whittlesey-Mtg Rm 2:00 Croquet-outdoors 3:30 Social Hour-Gar Rm (Carol)	10 10:00 Fun Activity-LR2 10:30/-Tai Ji Quan-Mtg Rm 10:30 Yoga Class-Hughes unit 1:30 Trip to Mac’s Maple for yummy Creemies & visit gift shop Please sign up 3:00 Scattegories-Act Rm	11 10:00 Fun Activity-Act Rm 10:30 Exercise Class-Mtg Rm 1:00 Pastor Mark-Chapel Service/Discussion 2:00 Movie-LR2 2:30 Bridge-Act rm	12 2:00 Movie-LR2 2:30 Sequence Game-Act Rm
13 10:00 Fun w/Michelle-Act Rm 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage or Rummy/Scatttergories-Act 3:00 Mexican Train-Act Rm	14 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm 4:00 Grace on piano-Gar Rm	15 10:00 Fun Activity-LR2 10:30 Brain Fitness -Act Rm 12:45-Tai Ji Quan-Mtg 2:00 Resident Theatre-Review Scripts -Mtg Rm 3:00 Enjoy Ice Cream Treats-courtyard	16 9:15 Current Events-GarRm 10:30 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30Crossword Puzzles-Act Rm 2:30 Service w/Father Guy-Chapel 5:00 HH Cookout! -Courtyard	17 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 10:30 Tai Ji Quan-Mtg Rm 1:30 Summer Health & Safety Talk w/Neva from Vt Dept of Health-Mtg Rm 3:00 Game Time-Act Rm (Cookout Rain date)	18 10:30 Exercise Class-Mtg Rm 1:00 Poetry of Oscar Wilde with Kim Gifford-Act Rm 2:00 Movie-LR2 2:30 Bridge-Act Rm	19 10:00 Fun w/Faye-Act Rm 1:00 Bocce-outdoors 2:00 Movie-LR2 2:30 Sequence-Act Rm
20 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage or /Scatttergories-Act Rm 3:00 Mexican Train-Act	21 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 AARP-Elliott Greenblatt talks about “The Weapons of Fraud” -Top Scams -Mtg Rm	22 10:00 Fun Activity-LR2 10:30 Brain Fitness-Act Rm 12:45-Tai Ji Quan-Mtg Rm 2:00 Craft with Flo-Act Rm 3:00 Knitting & Conversation-LR1 4:00 Rehearsal for Resident Theatre-Gar Rm	23 9:15 Current Events-Gar Rm 10:30 Fun Activity-LR2 10:30 Exercise class-Mtg Rm 1:30 Singer/Guitarist John Buck performs-GaMonr Rm 3:30 Social Hour – Gar Rm (Anne)	24 10:00 Fun Activity-LR2 10:30 Tai Ji Quan-Mtg Rm 10:30 Yoga Class-Hughes 1:00 Sunapee Boat Tour Take a Narrated Tour of Lake Sunapee-Enjoy a day out on the water! please sign up 2:00 Movie-LR2	25 <u>9:00 Kitchen Tour-meet In LR1-sign up please</u> 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm *1:00 A Natural Approach to Healthy Aging w/Rebecca Chollet, ND-Mtg. Rm 2:00 Movie-LR2 2:30 Bridge-Act Rm	26 10:00 Fun w/Michelle-Act Rm 1:00 Would You Rather-LR1 2:00 Movie-LR2 2:30 Sequence Game -Act Rm
27 1:30 Cornhole-Gar Rm 2:30 Scrabble/Cribbage or Scatttergories-Act Rm 3:00 Mexican Train-Act	28 10:00 Fun Activity-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Learn about Loons with Caden Payne of the Loon Preservation Cmte-Mtg Rm	29 10:00 Fun Act- LR2 10:30 Brain Fitness-Act Rm 12:45-Tai Ji Quan-Mtg 1:00 Foot Clinic-Act Rm 2:00 Wine Tasting w/David Gar Rm 3:00 Knitting &Conversation-LR1	30 9:15 Current Events-GarRm <u>**10:00 Donkeys are back! Courtyard-outdoors</u> 1:00 Manicures-LR2 2:00 Book Club-Act Rm 3:30 Social Hour -Gar Rm (Elijah)	31 10:00 Fun Activity-LR2 10:30 Yoga Class-Hughes unit 1:30 Sing-a long with Dan Paulson guitarist and singer -Dwinell Room 3:00 Golf-putting green		Act.-Activity Room Mtg.-Meeting Room Gar. -Garden Room LR1-Lving Room 1 LR2-Living Room 2