



Woodlands June 2025 Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Codes: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration Green Printing: Repeat Community Activities	2 <u>Aqua Aerobics w/Kathleen</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room Every Monday: Bowling, Roots, 11AM Trees, 12:30PM Ping Pong, 7:15PM, 3rd Floor Activity Room	3 <u>Exercise Class w/Selena</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Outdoor Games,</u> 3PM, Courtyard	4 <u>Aqua Aerobics w/Joanna</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>WRA Board Meeting,</u> 1:30PM, 4 th fl. Conf. Rm.	5 <u>Exercise Class w/Jackie</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Chorus</u> 3-3:45PM, Great Room	6 <u>Aqua Aerobics W/Laurie</u> 9AM, Pool <u>Tai Chi for Balance w/Kevin</u> 11:45AM, Exercise Room <u>Bird Walk</u> 8AM, Meet at Main Entrance <u>Pub Night</u> 4:30PM, Café, BYOB	7 <u>Movie Night</u> Oklahoma 1955 2 hr. 25 min. 7:30PM, Theater
8	9 <u>Aqua Aerobics w/Kathleen</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>Social Team Meeting,</u> 1:30PM, 4 th fl. Conf. Room	10 <u>Exercise Class w/Selena</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Chat w/ Kitchen</u> 2PM, Great Room <u>Outdoor Games,</u> 3PM, Courtyard	11 <u>Aqua Aerobics w/Joanna</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>Team Leaders Meeting</u> 11AM, 4 th Fl. Conf. Room <u>15th Anniversary Celebration Cookout</u> 4PM	12 <u>Exercise Class w/Jackie</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Charitable Giving at APD Lifecare and APDMH,</u> Melissa Dalton, 2PM, Great Room	13 <u>Aqua Aerobics W/ Laurie</u> 9AM, Pool <u>Tai Chi for Balance w/Kevin</u> 11:45AM, Exercise Room <u>Dartmouth Med Students Tech Help,</u> 3pm, Great Rm <u>Pub Night</u> 4:30PM, Café, BYOB	14 <u>Movie Night</u> King of the Hill 1993 1 hr. 49 min. 7:30PM, Theater
15	16 <u>Aqua Aerobics w/Kathleen</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room	17 <u>Exercise Class w/Selena</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Outdoor Games,</u> 3PM, Courtyard	18 <u>Aqua Aerobics w/Joanna</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>Chat w/Nikki Fortier</u> 3:30PM, Great Room	19 <u>Exercise Class w/Jackie</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Chorus</u> 3-3:45PM, Great Room	20 <u>Aqua Aerobics W/ Laurie</u> 9AM, Pool <u>Tai Chi for Balance w/Kevin</u> 11:45AM, Exercise Room <u>Pub Night</u> 4:30PM, Café, BYOB	21 <u>Movie Night</u> Queen Bees 2021 1 hr. 40 min. 7:30PM, Theater
22	23 <u>Aqua Aerobics w/Kathleen</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>Speaker:</u> Prof. Danny Branchflower, "Intl. Trade Situation", 4pm, GR	24 <u>Exercise Class w/Selena</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room <u>Maintenance Chat,</u> 2PM, Great Room <u>Outdoor Games,</u> 3PM, Courtyard	25 <u>Aqua Aerobics w/Joanna</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room <u>FYI: Open House for Depositors,</u> 3PM-5PM, Courtyard	26 <u>Exercise Class w/Jackie</u> 10AM, Exercise Room <u>Gentle Yoga w/Frances</u> 11AM, Exercise Room	27 <u>Aqua Aerobics W/ Laurie</u> 9AM, Pool <u>Tai Chi for Balance w/Kevin</u> 11:45AM, Exercise Room <u>Pub Night</u> 4:30PM, Café BYOB	28 <u>Concert:</u> Kirill Gliadkovsky, pianist, 3PM, Great Room <u>Movie Night</u> Singing in the Rain 1952 1 hr. 43 min. 7:30PM, Theater
29	30 <u>Aqua Aerobics w/Kathleen</u> 9AM, Pool <u>Exercise Class w/Paul</u> 10AM, Exercise Room	Every Tuesday: Bowling, Branches, 2PM Pool, 7:15PM, 4th fl. Billiards Room	Every Wednesday: Bowling, Acorns, 11AM Mexican Train Dominoes, Dinner, 5PM Dominoes Game, 7PM		Every Friday: Mah Jongg, 2PM, Café	