

# May 2025 Activity Calendar

| Sunday                                                                                                                                 | Monday                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                         | Friday                                                                                                                                                          | Saturday                                                                                                           |
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| Act. -Activity Room<br>Mtg.-Meeting Room<br>Gar. -Garden Room<br>LR1-Lving Room 1<br>LR2-Living Room 2                                 | <i>Beauty Salon is open<br/>Monday afternoons<br/>and Tuesdays with<br/>Nadine</i>                                                                                      |                                                                                                                                                                  | <i>*Please check the Activity<br/>Board daily for any changes<br/>&amp; information and put on<br/>TV channel 918 also for<br/>daily activities</i>                                                                    | 1<br>10:00 Fun Activity-LR2<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>10:30 Yoga Class-Hughes unit<br>2:00 Learn about New England<br>Song Birds-Mtg Rm<br>3:15 Rummy, Scrabble, Cribbage<br>Act Rm                   | 2<br>10:00 Fun Activity-Act rm<br>10:30 Exercise Class-Mtg Rm<br>1:00 Pastor Mark -Chapel<br>Service/Discussion<br>2:00 Movie-LR2<br>2:30 Bridge-Act rm         | 3<br>10:00 Fun w/ Michelle-<br>Act Rm<br>1:00 Elijah on Piano-Gar<br>Rm<br>2:00 Movie-LR2<br>2:30 Sequence-Act Rm  |
| 4<br>1:30 Cornhole-Gar Rm<br>1:30 Scrabble/Cribbage -<br>Act Rm<br>3:00 Mexican Train-Act<br>Rm                                        | 5 10:00 Fun Activity -LR2<br>10:30 Exercise-Mtg Rm<br>1:30 BINGO-Act Rm<br>3:00 Gladius-Flamenco<br>& Classical Guitarist-<br>Dwinell Rm<br>Refreshments will be served | 6<br>10:00 Fun Activity-LR2<br>10:30 & 12:45-Tai Ji Quan-Mtg<br>10:30 Brain Fitness-Act Rm<br>1:30 Bus Trip-Sightseeing<br>Please sign up<br>3:00 Knitting & Tea-LR1                                                                               | 7 9:15 Current Events-Gar Rm<br>10:00 Fun Activity-LR2<br>10:30 Chat w/Nikki-Mtg Rm<br>1:00 Geri Deluca Discusses her<br>Book <i>Bensonhurst Sutra</i> -MtgRm<br>2:00 Food Meeting-LR1<br>3:30 Social Hour-Janet-GarRm | 8<br>10:00 Fun Activity-LR2<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>10:30 Yoga Class-Hughes unit<br>1:30 Craft with Finnie-Act Rm<br>3:00 Meet the Artist-Resident Joan<br>Miller-Gar Rm                            | 9 10:00 Fun Activity-Act rm<br>10:30 Exercise Class-Mtg Rm<br>11:30 Nurses Luncheon-Back<br>Dining Rm (staff/residents)<br>2:00 Movie-LR2<br>2:30 Bridge-Act Rm | 10<br>Check out the books in<br>the HH Library<br>2:00 Movie-LR2<br>2:30 Sequence Game-<br>Act Rm                  |
| 11<br><br>Enjoy a Mother's<br>Day Brunch<br>11:00-1:00 | 12<br>10:00 Fun Activity-LR2<br>10:30 Exercise-Mtg Rm<br>1:30 BINGO-Act Rm<br>3:00 Hymn Sing-Gar Rm<br>4:00 Grace on piano-Gar<br>Rm                                    | 13 10:00 Fun Activity-LR2<br>10:30 Brain Fitness-Act Rm<br>10:30 & 12:45 Tai Ji Quan-<br>10:30 Brain Fitness -Act Rm<br>2:00 Clowning around w/Dr.<br>Schmoctor -Dining Rm<br>3:15-Knitting & Tea-LR1                                              | 14 9:15 Current Events-GarRm<br>10:00 Fun Activity-LR2<br>2:00 Understanding Alzheimer's<br>and Dementia with Melissa<br>Grenier-Mtg Rm<br>3:30 Social Hour-Gar Rm<br>Carol on piano                                   | 15 10:00 Fun Activity-LR2<br>10:30 Yoga Class-Hughes unit<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>2:00 UVMC Student Recital-<br>Dwinell Rm<br>3:00 Just Waltzes-piano and cello<br>with Lorrie and Ellie-Dwinell Rm | 16<br>10:00 Fun Activity-LR2<br>10:30 Exercise Class-Mtg Rm<br>1:00 Charlie on piano -Gar<br>2:00 Movie-LR2<br>2:30 Bridge-Act Rm                               | 17<br>10:00 Fun w/Faye-<br>Act Rm<br>1:00 David Thron on<br>piano-Gar Rm<br>2:00 Movie-LR2<br>2:30 Sequence-Act Rm |
| 18<br>10:00 Fun with Michelle-<br>Act Rm<br>1:30 Cornhole-Gar Rm<br>1:30 Scrabble/Cribbage -Act<br>Rm<br>3:00 Mexican Train-Act        | 19<br>10:00 Fun Activity-LR2<br>10:30 Exercise-Mtg Rm<br>1:30 BINGO-Act Rm<br>3:00 Upper Valley Bell<br>Ringers-A life's Journey<br>Dwinell Room                        | 20 10:00 Fun Activity-LR2<br>10:30 & 12:45 Tai Ji Quan-Mtg<br>10:30 Brain Fitness-Act Rm<br>2:30 Henry Homeyer –“The<br>Gardening Guy” will talk about<br>growing flowers, herbs and<br>vegetables in containers &<br>good planting techniques-EBR | 21 9:15 Current Events-Gar Rm<br>10:00 Fun Activity-LR2<br>10:30 Exercise class-Mtg Rm<br>1:00 Resident Readers Theatre-<br>Mtg Rm<br>2:30 Service w/Father Guy-<br>Chapel<br>3:30 Social Hour - Anne on piano         | 22 10:00 Fun Activity-LR2<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>10:30 Yoga Class-Hughes unit<br>2:00 Pianist Randall Mullens-<br>Gar Rm<br>3:15 Rummy/scrabble/cribbage<br>Act Rm                                 | 23 10:00 Fun Activity-LR2<br>10:30 Exercise-Mtg Rm<br>1:00 Mexican Train-Act Rm<br>Newcomers welcome to learn<br>2:00 Movie-LR2<br>2:30 Bridge-Act rm           | 24<br>Take a walk with a<br>friend<br>2:00 Movie-LR2<br>2:30 Sequence Game -<br>Act Rm                             |
| 25<br>1:30 Cornhole-Gar Rm<br>1:30 Scrabble/Cribbage -<br>Act Rm<br>3:00 Mexican Train-Act<br>Rm                                       | 26<br><br>11:30 Cook-out Menu!                                                       | 27 10:00 Fun Act. LR2<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>10:30 Brain Fitness-Act Rm<br>1:00 Foot care clinic -Act Rm<br>3:00 Pontine Theatre<br>presents two stories by New<br>England authors-Mtg Rm                                            | 28 9:15 Current Events-GarRm<br>10:00 Fun Activity-LR2<br>10:30 Exercise Class-Act Rm<br>1:00 Manicures-Act Rm<br>2:00 Book Club-Act Rm<br>3:30 Social Hour -Elijah on piano<br>Gar Rm                                 | 29 10:00 Fun Activity-LR2<br>10:30/12:45 Tai Ji Quan-Mtg Rm<br>10:30 Yoga Class-Hughes unit<br>1:30 Bus Trip-Mystery Ride<br>3:15 Rummy/scrabble/cribbage<br>Act Rm                                              | 30<br>10:00 Fun Activity-LR2<br>10:30 Exercise-Mtg Rm<br>1:00 Poetry of Ruth Stone<br>w/Kim Gifford-Act Rm<br>2:00 Movie-LR2<br>2:30 Bridge-Act Rm              | 31<br>Stop outside and listen<br>to local songbirds!<br>2:00 Movie-LR2<br>2:30 Sequence Game -<br>Act Rm           |