

Woodlands March 2025 Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration Green Printing: Repeat Community Activities	Every Monday: Ping Pong, 7:15PM, 3 rd floor Activity Room Wii Bowling Team, Roots, 11AM Trees, 12:30PM Branches, 2PM	Every Tuesday: Pool, 7:30PM, 4th floor Billiards Room	Every Wednesday: Mexican Train Dominoes, Dinner, 5:15PM Dominoes Game, 7PM Wii Bowling Team, Acorns, 11AM		Every Friday: Mah Jongg, 2PM, Cafe	Movie Night "Amadeus" 7:30PM, Theater
2	3 Aqua Aerobics w/Kathleen, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room	4 Exercise Class w/Richard 10AM, Exercise Room Gentle Yoga w/ Frances, 11AM, Exercise Room	5 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room WRA Board Meeting, 1:30PM, 4th fl. Conf. Room Social, 4PM, Great Room	6 Exercise Class w/Richard 10AM, Exercise Room Gentle Yoga w/Frances, 11AM, Exercise Room Chorus, 3-3:45PM, Great Room	7 Aqua Aerobics w/Laurie, 9AM, Pool Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room Pianist, Bob Merrill, with silent movie "City Lights", 3PM, Great Room Pub Night, 4:30PM, Cafe	Movie Night "The Bucket List" 7:30PM, Theater
9	10 Aqua Aerobics w/Kathleen, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room Social Team Meeting, 1:30PM, 4 th , fl. Conf. Room	11 Exercise Class w/Richard 10AM, Fitness Room Gentle Yoga w/ Frances, 11AM, Exercise Room	12 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room Team Leaders Meeting, 11AM, 4th fl. Conf. Room Chat w/Kitchen, 2PM, Great Room	13 Exercise Class w/Richard 10AM, Exercise Room Gentle Yoga w/Frances, 11AM, Exercise Room Trip to AVA, Van leaves 1:15pm	14 Aqua Aerobics w/Laurie, 9AM, Pool Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room Pub Night, 4:30PM, Cafe	Movie Night "Waking Ned Devine" 7:30PM, Theater
16	17 Aqua Aerobics w/Kathleen, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room	18 Exercise Class w/Richard 10AM, Exercise Room Gentle Yoga w/ Frances, 11AM, Exercise Room Doug Erhard, Computer Help, 9:30-11:30AM	19 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room Chat w/Executive Director, Nikki Fortier 3:30PM, Great Room	20 Exercise Class w/Frances 10AM, Exercise Room Gentle Yoga w/Frances, 11AM, Exercise Room Chorus, 3-3:45PM, Great Room	21 Aqua Aerobics w/Laurie, 9AM, Pool Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Rm Lunch Out, Van departs at 11:45AM Pub Night, 4:30PM, Cafe	Movie Night "The Martian" 7:30PM, Theater
HELLO SPRING!	24 Aqua Aerobics w/Kathleen, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room 31 Aqua Aerobics w/Kathleen, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room Speaker Eric Herr from 'NH Together,' 4PM, Great Room		26 Aqua Aerobics w/Joanna, 9AM, Pool Exercise Class w/Paul 10AM, Exercise Room	27 Exercise Class w/Richard 10AM, Exercise Room Gentle Yoga w/Frances, 11AM, Exercise Room	28 Aqua Aerobics w/Laurie, 9AM, Pool Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room Pub Night, 4:30PM, Cafe	Movie Night "When Harry Met Sally" 7:30PM, Theater