

Woodlands February 2025 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration Green Printing: Repeat Community Activities</p>	<p>Every Monday: Ping Pong, 7:15PM, 3rd floor Activity Room</p>	<p>Every Tuesday: Pool, 7:30PM, 4th floor Billiards Room</p>	<p>Every Wednesday: Mexican Train Dominoes, Dinner, 5:15PM Dominoes Game, 7PM</p>	<p>Every Thursday: Wii Bowling Team, Twigs, 1PM</p>	<p>Every Friday: Mah Jongg, 2PM, Cafe'</p>	<p>1</p> <p>Movie Night "The Zookeeper's Wife" 7:30PM, Theater</p>
<p>2</p>	<p>3 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>4 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/ Frances, 11AM, Exercise Room</p> <p>Celebration of Life for Eph Shulman, 4PM-6PM, Great Room</p>	<p>5 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>WRA Board Meeting, 1:30PM, 4th fl. Conf. Room</p> <p>Social, 4PM, Great Room</p>	<p>6 No Exercise Class w/Richard</p> <p>Gentle Yoga w/Frances, 11AM, Exercise Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>7 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room</p> <p>Pub Night, 4:30PM, Cafe'</p>	<p>8</p> <p>Movie Night "Thelma" 7:30PM, Theater</p>
<p>9</p>	<p>10 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Social Team Meeting, 1:30PM, 4th fl. Conf. Room</p>	<p>11 Exercise Class w/Richard 10AM, Fitness Room</p> <p>Gentle Yoga w/ Frances, 11AM, Exercise Room</p>	<p>12 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Team Leaders Meeting, 11AM, 4th fl. Conf. Room</p> <p>Chat w/Kitchen, 2PM, Great Room</p>	<p>13 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances, 11AM, Exercise Room</p>	<p>14 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room</p> <p>Pub Night, 4:30PM, Cafe'</p>	<p>15</p> <p>Movie Night "Camelot" 7:30PM, Theater</p>
<p>16</p>	<p>17 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Maintenance Chat 2pm, Great Room</p>	<p>18 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/ Frances, 11AM, Exercise Room</p> <p>Doug Erhard, Computer Help, 9:30-11:30AM</p>	<p>19 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Chat w/Executive Director, Nikki Fortier 3:30PM, Great Room</p>	<p>20 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances, 11AM, Exercise Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>21 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room</p> <p>Pub Night, 4:30PM, Cafe'</p>	<p>22</p> <p>Movie Night "The Conclave" 7:30PM, Theater</p>
<p>23</p>	<p>24 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Speaker, John Sanders, MD "Good Neighbor Health Clinic", 4PM, Great Room</p>	<p>25 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/ Frances, 11AM, Exercise Room</p>	<p>26 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>27 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances, 11AM, Exercise Room</p>	<p>28 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/ Kevin, 10:45AM, Exercise Room</p> <p>Pub Night, 4:30PM, Cafe'</p> <p>Concert: Roger & Ginny Formidoni; American Country/Folk Music 3PM, GR</p>	