



Woodlands December 2024 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<p>2 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Every Monday: Ping Pong, 7:15PM, 3rd fl. Activity Room</p>	<p>3 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Every Tuesday: Pool, 7:30PM, 4th fl. Billiards Room</p>	<p>4 Aqua Aerobics w/Joanna, 9am, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>WRA Board Meeting, 1:30PM, 4th fl. Conf. Room</p>	<p>5 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>6 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>7 Winterfest Artisan Fair, Harvest Hill, Dwinell Conference Room, 9AM-2PM, Free</p> <p>Movie Night "Silver Linings Playbook" 7:30PM, Theater</p>
8	<p>9 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Dartmouth Med Students Tech Help, 2PM-3PM GR</p> <p>Speaker, Anita Fahrni, "Mongolia", 4PM, Great Rm.</p>	<p>10 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Chat w/Kitchen, 2PM, Great Room</p> <p>Speaker: Joanne Conroy, MD, D-H CEO & President 4PM, Great Room</p>	<p>11 Aqua Aerobics w/Joanna, 9am, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Team Leaders Meeting, 11PM, 4th fl. Conf. Room</p> <p>Social, 4PM, Great Room</p>	<p>12 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p>	<p>13 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>14</p> <p>Movie Night "National Lampoon Christmas Vacation" 7:30PM, Theater</p>
15	<p>16 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Social Team Meeting, 1:30PM, 4th, fl. Conf. Room</p>	<p>17 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Doug Erhard, Computer Help, 9:30-11:30AM</p>	<p>18 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Chat w/Executive Director, Nikki Fortier 3:30PM, Great Room</p> <p>Bel Canto Chamber Singers, 7:30PM, Grt. Rm.</p>	<p>19 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>20 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>21</p> <p>Movie Night "It's a Wonderful Life" 7:30PM, Theater</p>
22	<p>23 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Maintenance Chat 2pm, Great Room</p>	<p>24 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p>	<p>25</p> <p>CHRISTMAS DAY</p>	<p>26 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Hanukkah (1st day)</p>	<p>27 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>28</p> <p>Movie Night "Moonstruck" 7:30PM, Theater</p>
29 Code: Black Printing: Activities Red Printing: Exercise Blue Printing: Administration Green Printing: Repeat Community Activities	<p>30 Aqua Aerobics w/Kathleen, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>31 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>New Year's Eve Party, (January Social) 6PM-8PM, Great Room</p>	<p>Every Wednesday Mexican Train Dominoes, Dinner, 5:15PM Dominoes Game 7PM</p>	<p>Every Thursday Wii Bowling Team, Twigs, 1PM</p>	<p>Every Friday: Mah Jongg, 2PM, Café</p>	