October 2024 Activity Calendar Tuesday Wednesday Thursday

Friday

Saturday

Monday

Sunday

*Please check the Activity Board daily for any changes & information and channel 918 on your TV		1 10:00 Act. w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:30 HAIR! Exploration of hair in both plant & animal kingdoms-Dwinell Rm 3:00 Guided Meditation-Hugh Unit	2 9:15 Current Events-Gar Rm 10:00 Act w/Michelle-LR2 10:30 Chat w/Nikki-Act Rm 1:00 Boggle Game/Scrabble/ Cribbage-Act Rm 2:00 Food Meeting-LR1 3:30 Social Hour-Gar Rm	3 10:00 Act w/Faye-LR2 10:30 Yoga Class-Hughes unit 2:00-4:00 City Clerk to help with voting-Act Rm Please bring picture ID/proof of residency 3:00 Open House Living Room 1 stop by for refreshments!	4 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Act 1:00 Pastor Mark -Chapel Service/Discussion 2:00 Movie-LR2 2:30 Bridge-Act rm	Take a Autumn walk 2:00 Movie-LR2 2:30 Sequence Game- Act Rm
6 10:00 Fun w/Michelle- Act Rm 1:30 David Thron on piano-Gar Rm 3:00 Mexican Train-Act Rm	7 10:00 Act.w/Faye-LR2 10:30 Exercise-Act Rm 1:30 BINGO-Act Rm 3:00 Sing-along with Molly-Gar Rm 3:30 Trishaw ride w/Edie- meet in lobby	8 10:00 Act. w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:30 Enjoy a Horse Drawn Wagon Ride-meet in front of bldg. 3:00 Knitting & Tea-LR1	9 9:15 Current Events-Gar Rm 10:00 Act w/Michelle-LR2 10:30 Exercise-Act Rm 1:30 Foliage Ride-sign up 3:30 Social Hour-Gar Rm	10:00 Act w/Faye-LR2 10:30 Yoga Class-Hughes unit 1:30 Craft w/Finnie-Act Rm 3:00 Cornhole game/bocceball- (weather permitting)	11 10:30 Exercise Class-Act 1:00 The Poetry of Robert Frost-bring a poem to read-Act Rm 2:00 Movie-LR2 2:30 Bridge-Act rm	Find a book at the HH Library! 2:00 Movie-LR2 2:30 Sequence Game-Act Rm
13 The US Navy is established in 1775 1:30 Scattergories -Act Rm 3:00 Mexican Train-Act Rm	14 10:00 Act.w/Faye-LR2 10:30 Exercise Class-Act 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm 3:30 Trishaw ride w/Edie Meet in lobby	15 10:00 Act.w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:30 Classical pianist Lisa Rogak performs-Gar Rm 3:00 Knitting & Tea-LR1	16 9:15 Current Events-Gar 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Act Rm 1:30 Rassias Method for Teaching Language-Dwinell Rm 3:30 social Hour-Gar Rm	17 10:00 Act w/Faye-LR2 10:30 Yoga Class-Hughes unit 1:00 Exercise Assessment-ActRm 1:30 Game Time-Act Rm 3:00 The Life of Loons with Kathy Springsteen-DwinellRm	18 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Act 1:00 You Be the Judge-Act 2:00 Movie-LR2 2:30 Bridge-Act Rm	19 10:00 Activity w/Faye- LR2 1:00 Making blankets with students-Act Rm 2:00 Movie-LR2 2:30 Sequence-Act Rm
20 1968 Jacqueline Kennedy married Greek businessman Aristotle Onassis 1:30 Scattergories Game-Act Rm 3:00 Mexican Train-Act Rm	21 10:00 Act.w/Faye- LR2 10:30 Exercise Class-Act 1:30 BINGO-Act Rm 3:00 Knitting & Tea-LR1 3:30 Trishaw ride w/Edie-meet in lobby	22 10:00 Activity w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:00 Exercise Assessment-ActRm 1:30 Art Lecture w/Pippa- Dwinell Rm 3:00 Pianist Kirsten Becker performs-Gar Rm	23 9:15 Current Events-GarRm 10:00 Act w/Michelle-LR2 10:30 Exercise class-Act Rm 1:00 Bus Trip-Family Feud at Bugbee Sr. Ctr-Go HH!! 2:30 Service w/Father Guy- Chapel 3:30 Social Hour-Gar Rm	24 10:00 Act.w/Faye-LR2 10:30 Yoga Class-Hughes unit 1:30 Willing Hands: Getting fresh food to the hungry 3:00 Documentary-My Octopus Teacher-LR2	25 10:00 Act w/Michelle- LR2 10:30 Exercise-Act Rm 1:00 Charlie on piano-Gar Rm 2:00 Movie-LR2 2:30 Bridge-Act rm	26 10:00 Activity w/Michelle LR2 2:00 Marionette Show-Jack & the Beanstalk-Dwinell Rm (Family & friends are invited)
27 1:30 Scattergories- Act Rm 3:00 Mexican Train- Act Rm	28 10:00 Act. w/Faye- 10:30 Exercise Class-Act Rm 1:30 BINGO-Act Rm 3:00 Lecture/Demo on Folk Music w/Kevin Moll-LR2	29 10:00 Activities w/Faye-LR2 10:30 Brain Fitness-Act Rm 2:00 Samantha Moffatt plays dulcimer/accordion-Dining Rm 3:30 Meditation-Hughes unit	30 9:15 Current Events-GarRm 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Act Rm 2:00 Book Club-Act Rm 3:30 Social Hour - Gar Rm	31 10:00 Act.w/Faye-LR2 10:30 Yoga Class-Hughes unit 1:00 Halloween Movie-LR2 3:30 Halloween Party! Prizes for best costume! Dwinell Rm	Distriction of the second of t	Beauty Salon is open Monday afternoons and Tuesdays with Nadine