Sunday	Monday	Tuesday	2024 Activity Cal Wednesday	Thursday	Friday	Saturday
Bettimoge cratitioned	1 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 The photography of Tets Yamashita-A story of faith & Resilience- Mtg Rm	2 10:00 Fun Activities-LR2 10:30 Brain Fitness-Act Rm 1:00 Craft-Salt-paint fireworks Act Rm 2:30 Van trip- McNamara's for maple creamees please sign up	3 9:15 Current Events-Gar Rm 10:00 Act.with Michelle-LR2 10:30 Chat w/Nikki-Mtg Rm 1:00 Trishaw ride-please sign up/ or Golf-putting green 2:00 Food Mtg-LR2 3:30 Social Hour-Gar Rm	 4 Independence Day! 11:00 Barbecue for Lunch 1:00 Elijah on piano playing Patriotic songs-Gar Rm 8:00 Boston Pops Concert & Fireworks Spectacular WHDH - TV Channel 7. 	5 10:00 Act w/Michelle-Act 10:30 Exercise Class-Mtg 1:00 Pastor Mark -Chapel Service/Discussion 2:00 Movie-LR2 2:30 Bridge-Act rm	6 Enjoy a nice walk 2:00 Movie-LR2 2:30 Sequence Game- Act Rm
7 1:30 Scattergories Game-Act Rm 3:00 Mexican Train-Act Rm	8 10:00 Act.w/Faye-LR2 10:30 Exercise-Mtg Rm 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm 4:00 Grace on piano-Gar Rm-arrive early for seat	 9 10:00 Act. w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:00 Grief Support Group w/Darcy-Gar Rm 2:00 Game Time-Act Rm 5:00 HH Outdoor Cookout & Entertainment 	10 9:15 Current Events-Gar Rm 10:00 Act w/Michelle-LR2 10:30 Exercise-Mtg Rm 1:30 Painting class with Christine -Act Rm 3:30 Social Hour-Gar Rm	 11 10:00 Act w/Faye-LR2 10:30 Yoga Class-Hughes unit 1:30 Drumming with Rob Zollman-Gar rm 3:00 Golf-putting green 3:30 IT help w/students Please sign up 	12 10:00 Act w/Michelle- Act Rm 10:30 Exercise Class-Mtg 1:00 Charlie/Piano-Gar 2:00 Movie-LR2 2:30 Bridge-Act rm	13 10:00 Fun with Faye-Act Rm 1:00 Show & Tell-Act Rm 2:00 Movie-LR2 2:30 Sequence Game-Act
14 1:30 Scattergories -Act Rm 3:00 Mexican Train-Act Rm	15 10:00 Act.w/Faye-LR2 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 3:00 knitting/tea-LR2 3:30 Trishaw ride w/Edie Meet in lobby	 16 10:00 Act.w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:00 The Donkeys are coming! Road to Independence- Outdoors/courtyard 3:00 You be the Judge-Act Rm 	 17 9:15 Current Events-GarRm 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Mtg 1:00 Music BINGO-Act Rm 2:30 Service w/Father Guy- Chapel 3:30 Social Hour-Gar Rm 	18 10:00 Act w/Michelle-LR2 10:30 Yoga Class-Hughes unit 1:30 Craft w/ Finnie-Act Rm 3:00 Golf-putting green	19 10:00 Act w/Michelle- Act Room 10:30 Exercise Class-Mtg 1:00 bocceball-outdoors 2:00 Movie-LR2 2:30 Bridge-Act Rm	20 10:00 Fun with Michelle- Act Rm 1:00 David Thron-pianist- Gar Rm 2:00 Movie-LR2 2:30 Sequence-Act Rm
21 1:30 Scattergories Game- Act Rm 3:00 Mexican Train-Act	22 10:00 Act.w/Faye- LR2 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 3:00-Knitting & other handwork & Tea-LR2 3:30 Trishaw ride w/Edie Meet in lobby	 23 10:00 Activity w/Faye-LR2 10:30 Brain Fitness-Act Rm 1:00 Sunapee Boat Ride- Narrative Tour of the lake please sign up 2:00 Word games/hangman-Act 4:00 Guided Meditation- Hughes Unit living Rm 	24 9:15 Current Events-GarRm 10:00 Act w/Michelle-LR2 10:30 Exercise class-Mtg Rm 1:30 Talk on Japanese Gardens with Pippa-Mtg Rm 3:30 Social Hour-Gar Rm	 25 10:00 Act.w/Faye-LR2 10:30 Yoga Class-Hughes unit 2:00 Dan Baginski and Brother perform-guitarists and sing-a-long-Dining Rm or outdoors 3:30 Golf-putting green 	26 10:00 Act w/Michelle-Act Rm 10:30 Exercise-MtgRm 1:00 Bocceball-outdoors 2:00 Movie-LR2 2:30 Bridge-Act Rm	27 Check out HH Gardens 2:00 Movie-LR2 2:30 Sequence Game -Act Rm
28 10:00 Fun with Michelle-Act Rm 1:30 Scattergories-Act 3:00 Mexican Train-Act	29 10:00 Act. w/Faye- 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 3:00-Knitting & Tea-LR2 3:30 Trishaw ride-lobby	 30 10:00 Activities w/Faye-LR2 10:30 Brain Fitness-Act Rm 2:00 Talk with Sue Mooney- Get to know the APD CEO- Mtg Rm 3:30 Guided Meditation- Hughes unit 	31 9:15 Current Events-GarRm 10:00 Act w/Michelle-LR2 10:30 Exercise Class-Mtg 1:00 Cribbage/Scrabble-Act Rm 2:00 Book Club-Act Rm 3:30 Social Hour - Gar Rm		Beauty Salon is open Monday afternoons and Tuesday with Nadine	