


# Woodlands May 2024 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Code:</b>  <b>Black Printing: Activities</b>  <b>Red Printing: Exercise</b>  <b>Blue Printing: Administration</b>  <b>Green Printing: Repeat Community Activities</b></p> <p><b>5</b></p> <p><b>Every Thursday</b>  <b>Wii Bowling Team,</b>  <b>Twigs, 1PM</b></p> <p><b>12</b>  <b>Happy Mother's Day!</b></p>  <p><b>19</b></p>	<p><b>Every Monday:</b>  <b>Wii Bowling Teams,</b>  <b>Roots, 11AM,</b>  <b>Trees, 12:30PM,</b>  <b>Branches, 2PM</b></p> <p><b>Every Monday:</b>  <b>Ping Pong, 7:15PM, 3<sup>rd</sup></b>  <b>floor Activity Room</b></p> <p><b>6</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room</p> <p><b>13</b> <b>Aqua Aerobics</b>  <b>w/ Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room</p> <p><b>Social Team Meeting,</b>  1:30PM, 4<sup>th</sup>, fl. Conf. Room</p> <p><b>20</b> <b>Aqua Aerobics</b>  <b>w/ Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room  <b>Speaker,</b> Maynard Goldman  ~ Supreme Court, 4PM,  Great Room</p> <p><b>27</b> <b>Aqua Aerobics</b>  <b>w/ Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room</p>	<p><b>Every Tuesday:</b>  <b>Wii Bowling Teams,</b>  <b>Acorns, 11AM</b></p> <p><b>Every Tuesday:</b>  <b>Pool, 7:30PM,</b>  <b>4<sup>th</sup> floor Billiards Room</b></p> <p><b>7</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/ Frances,</b>  11AM, Exercise Room</p> <p><b>14</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Fitness Room</p> <p><b>Gentle Yoga w/ Frances,</b>  11AM, Exercise Room</p> <p><b>21</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/ Frances,</b>  11AM, Exercise Room  <b>Doug Erhard, Computer</b>  <b>Help, 9:30-11:30AM</b></p> <p><b>28</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/ Frances,</b>  11AM, Exercise Room</p>	<p><b>1</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room  <b>WRA Board Meeting,</b>  1:30PM, 4<sup>th</sup> fl. Conf. Room</p> <p><b>Social,</b> 4PM, Great Room</p> <p><b>8</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b>  <b>Exercise Class w/Paul</b>  10AM, Exercise Room  <b>Team Leaders Meeting,</b>  11:00AM, 4<sup>th</sup> fl. Conf. Room  <b>Welcome Reception,</b>  Chef Jason Dacier,  2PM, Great Room</p> <p><b>15</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b></p> <p><b>Exercise Class w/Paul</b>  10AM, Exercise Room</p> <p><b>Chat w/Executive Director,</b>  <b>Nikki Fortier</b>  2:30PM, Great Room</p> <p><b>22</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b>  <b>Exercise Class w/Paul</b>  10AM, Exercise Room  <b>Chat w/Maintenance,</b>  3PM, Great Room  <b>WRA Semi Annual Meeting,</b>  4PM, Great Room</p> <p><b>29</b> <b>Aqua Aerobics</b>  <b>w/Joanna, 9AM, Pool</b>  <b>Exercise Class w/Paul</b>  10AM, Exercise Room  <b>Wellness Discussion:</b>  'Tick-borne Diseases  Prevention,' NH Public Health  Services; 2pm GR  <b>Every Wednesday:</b>  <b>Mexican Train Dominoes,</b>  <b>Dinner, 5:15PM</b>  <b>Dominoes Game, 7PM</b></p>	<p><b>2</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/Frances,</b>  11AM, Exercise Room  <b>Open Wii Bowling</b>  1PM, 1<sup>st</sup> fl. Activity Room  <b>Chorus,</b>  3-3:45PM, Great Room</p> <p><b>9</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/Frances,</b>  11AM, Exercise Room</p> <p><b>Open Wii Bowling</b>  1PM, 1<sup>st</sup> fl. Activity Room</p> <p><b>16</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room  <b>Gentle Yoga w/Frances,</b>  11AM, Exercise Room  <b>Open Wii Bowling</b>  1PM, 1<sup>st</sup> fl. Activity Room  <b>Chorus,</b>  3-3:45PM, Great Room</p> <p><b>23</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/Frances,</b>  11AM, Exercise Room  <b>Open Wii Bowling</b>  1PM, 1<sup>st</sup> fl. Activity Room</p> <p><b>30</b> <b>Exercise Class</b>  <b>w/Richard</b>  10AM, Exercise Room</p> <p><b>Gentle Yoga w/Frances,</b>  11AM, Exercise Room</p> <p><b>Open Wii Bowling</b>  1PM, 1<sup>st</sup> fl. Activity Room</p>	<p><b>3</b> <b>Aqua Aerobics</b>  <b>w/Jackie, 9AM, Pool</b>  <b>Tai Chi for Balance w/</b>  <b>Kevin, 10:45AM, Exercise</b>  <b>Room</b></p> <p><b>Speaker,</b> Shannon Sullivan,  Baltimore Police Dept.; 4PM,  Great Room  <b>Pub Night,</b>  4:30PM, Cafe'</p> <p><b>10</b> <b>Aqua Aerobics</b>  <b>w/Jackie, 9AM, Pool</b></p> <p><b>Tai Chi for Balance w/</b>  <b>Kevin, 10:45AM, Exercise</b>  <b>Room</b></p> <p><b>Pub Night,</b>  4:30PM, Cafe'</p> <p><b>17</b> <b>Birdsong Walk, 8AM</b>  <b>Aqua Aerobics</b>  <b>w/Jackie, 9AM, Pool</b></p> <p><b>Tai Chi for Balance w/</b>  <b>Kevin, 10:45AM, Exercise</b>  <b>Room</b>  <b>Pub Night,</b>  4:30PM, Cafe'</p> <p><b>24</b> <b>Aqua Aerobics</b>  <b>w/Jackie, 9AM, Pool</b></p> <p><b>Tai Chi for Balance w/</b>  <b>Kevin, 10:45AM, Exercise</b>  <b>Room</b>  <b>Pub Night,</b>  4:30PM, Cafe'</p> <p><b>31</b> <b>Birdsong Walk, 8AM</b>  <b>Aqua Aerobics</b>  <b>w/Jackie, 9AM, Pool</b></p> <p><b>Tai Chi for Balance w/</b>  <b>Kevin, 10:45AM, Exercise</b>  <b>Room</b>  <b>Pub Night,</b>  4:30PM, Cafe'  <b>Every Friday:</b>  <b>Mah Jongg, 2PM, Cafe'</b></p>	<p><b>4</b></p> <p><b>Movie Night</b>  <b>"Julie &amp; Julia"</b>  7:30PM, Theater</p> <p><b>11</b></p> <p><b>Movie Night</b>  <b>"Grease"</b>  7:30PM, Theater</p> <p><b>18</b></p> <p><b>Movie Night</b>  <b>"The Manchurian</b>  <b>Candidate"</b>  7:30PM, Theater</p> <p><b>25</b>  <b>Concert,</b>  Bob Lucier, Pianist,  3PM, Great Room</p> <p><b>Movie Night</b>  <b>"The Sound of Music"</b>  7:30PM, Theater</p>