

# Woodlands April 2024 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Codes:</b> <b>Black Printing:</b> <b>Activities</b></p> <p><b>Red Printing: Exercise</b> <b>Blue Printing:</b> <b>Administration</b></p> <p><b>Green Printing: Repeat</b> <b>Community Activities</b></p>	<p><b>1 Aqua Aerobics</b> <b>w/Jenny</b>, 9AM, Pool <b>Exercise Class w/Paul</b> 10AM, Exercise Room <b>Every Monday:</b> <b>Wii Bowling Teams,</b> Roots, 11AM, Trees, 12:30PM, Branches, 2PM <b>Every Monday: Ping Pong,</b> 7:15PM, 3<sup>rd</sup> fl. Activity Room</p>	<p><b>2 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room <b>Every Tuesday: Wii</b> <b>Bowling Team,</b> Acorns, 11AM <b>Every Tuesday:</b> <b>Pool,</b> 7:30PM, 4<sup>th</sup> fl. Billiards Room</p>	<p><b>3 Aqua Aerobics</b> <b>w/Joanna</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>WRA Board Meeting,</b> 1:30PM, 4<sup>th</sup> fl. Conf. Rm.  <b>Social,</b> 4pm, Great Room</p>	<p><b>4 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room  <b>Chorus</b> 3-3:45PM, Great Room</p>	<p><b>5 Aqua Aerobics</b> <b>W/Jackie</b>, 9AM, Pool  <b>Tai Chi for Balance</b> <b>w/Kevin</b>, 10:45AM, Exercise Room  <b>Pub Night</b> 4:30PM, Café, BYOB</p>	<p><b>6</b>  <b>Movie Night</b> 7:30PM, Theater</p>
<b>7</b>	<p><b>8 Aqua Aerobics</b> <b>w/Jenny</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>Social Team Meeting,</b> 1:30PM, 4<sup>th</sup> fl. Conf. Room</p>	<p><b>9 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room</p>	<p><b>10 Aqua Aerobics</b> <b>w/Joanna</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>Chat w/ Kitchen</b> 2PM, Great Room</p>	<p><b>11 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room</p>	<p><b>12 Aqua Aerobics</b> <b>W/Jackie</b>, 9AM, Pool  <b>Tai Chi for Balance</b> <b>w/Kevin</b>, 10:45AM, Exercise Room  <b>Pub Night</b> 4:30PM, Café, BYOB</p>	<p><b>13</b>  <b>Movie Night</b> 7:30PM, Theater</p>
<b>14</b>	<p><b>15 Aqua Aerobics</b> <b>w/Jenny</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room</p>	<p><b>16 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room  <b>Doug Erhard, Computer</b> <b>Help,</b> 9:30-11:30AM</p>	<p><b>17 Aqua Aerobics</b> <b>w/Joanna</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>Team Leaders Meeting</b> 11AM, 4<sup>th</sup> Fl. Conf. Room  <b>Chat w/Nikki Fortier</b> 3:30PM, Great Room</p>	<p><b>18 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room  <b>Chorus</b> 3-3:45PM, Great Room</p>	<p><b>19 Aqua Aerobics</b> <b>W/Jackie</b>, 9AM, Pool  <b>Tai Chi for Balance</b> <b>w/Kevin</b>, 10:45AM, Exercise Room <b>Lunch Out</b>  <b>Pub Night</b> 4:30PM, Café, BYOB</p>	<p><b>20</b>  <b>Movie Night</b> 7:30PM, Theater</p>
<b>21</b>	<p><b>22 Aqua Aerobics</b> <b>w/Jenny</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room</p>	<p><b>23 Class w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room  <b>Maintenance Chat,</b> 2PM, Great Room</p>	<p><b>24 Aqua Aerobics</b> <b>w/Joanna</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>Wellness Discussion</b> <b>Group</b></p>	<p><b>25 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room</p>	<p><b>26 Aqua Aerobics</b> <b>W/Jackie</b>, 9AM, Pool  <b>Tai Chi for Balance</b> <b>w/Kevin</b>, 10:45AM, Exercise Room  <b>Pub Night</b> 4:30PM, Café BYOB</p>	<p><b>27</b>  <b>Movie Night</b> 7:30PM, Theater</p>
<b>28</b>	<p><b>29 Aqua Aerobics</b> <b>w/Jenny</b>, 9AM, Pool  <b>Exercise Class w/Paul</b> 10AM, Exercise Room  <b>Speaker:</b> Vic Henningsen, "Am. History: Jefferson's Letters," 4PM, Great Room</p>	<p><b>30 Exercise Class</b> <b>w/Richard</b> 10AM, Exercise Room  <b>Gentle Yoga w/Frances</b> 11AM, Exercise Room</p>	<p><b>Every Wednesday:</b> <b>Mexican Train</b> <b>Dominoes,</b> Dinner, 5:15PM <b>Dominoes Game,</b> 7PM</p>	<p><b>Every Thursday</b> <b>Wii Bowling Team,</b> <b>Twigs,</b> 1PM  <b>Every Thursday</b> <b>Cribbage,</b> 3:30-4:30PM, Café</p>	<p><b>Every Friday:</b> <b>Mah Jongg,</b> 2PM, Café</p>	