

Woodlands March 2024 Events

SRunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Codes: Black Printing: Activities</p> <p>Red Printing: Exercise</p> <p>Blue Printing: Administration</p> <p>Green Printing: Repeat Community Activities</p>	<p>Every Monday: Wii Bowling Teams, Roots, 11AM, Trees, 12:30PM Branches, 2PM Every Monday: Ping Pong, 7:15PM, 3rd Floor Activity Room</p>	<p>Every Tuesday: Wii Bowling Teams, Acorns, 11AM</p> <p>Every Tuesday: Pool, 7:30PM, 4th floor Billiards Room</p>	<p>Every Wednesday: Mexican Train Dominoes, Dinner, 5:15PM</p>	<p>Every Thursday: Wii Bowling Teams, Twigs, 1PM</p> <p>Every Thursday: Cribbage, 3:30-4:30PM, Café</p>	<p>1 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Every Friday: Mah Jongg, 2PM, Café</p>	<p>2 Reflections, 10AM, Activities Room</p> <p>Movie Night, "A Chorus Line" 7:30PM, Theater</p>
<p>3</p>	<p>4 Aqua Aerobics w/Jenny, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>5 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p>	<p>6 Aqua Aerobics w/Joanna, 9am, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>WRA Board Meeting, 1:30PM, 4th fl. Conf. Rm</p> <p>Social, 4PM, Great Room</p>	<p>7 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Open Wii Bowling, 1PM, 1st fl. Activity Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>8 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>9</p> <p>Movie Night, "The General's Daughter" 7:30PM, Theater</p>
<p>10</p> <p>Daylight Savings Time, Spring Forward, Begins at 2AM, Change clocks to 3AM, Set Clocks Ahead 1 Hour!</p>	<p>11 Aqua Aerobics w/Jenny, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Social Team Meeting, 1:30PM, 4th, fl. Conf. Room</p>	<p>12 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p>	<p>13 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Team Leaders Meeting, 11PM, 4th fl. Conf. Room</p> <p>Chat w/Kitchen, 2PM, Great Room</p>	<p>14 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Open Wii Bowling, 1PM, 1st fl. Activity Room</p>	<p>15 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Lunch Out, SNAX, Van leaves at 11:30am</p> <p>GenLynk, Lebanon H.S. Help with Tech., 3pm, GR</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>16</p> <p>Movie Night, "Meet Me in St. Louis" 7:30PM, Theater</p>
<p>17</p> <p>Happy St. Patrick's Day!</p> 	<p>18 Aqua Aerobics w/Jenny, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>19 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Doug Erhard, Computer Help, 9:30-11:30AM</p>	<p>20 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Chat w/Executive Director, Nikki Fortier 2:30PM, Great Room</p>	<p>21 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Open Wii Bowling, 1PM, 1st fl. Activity Room</p> <p>Chorus, 3-3:45PM, Great Room</p>	<p>22 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>23</p> <p>Movie Night, "Being There" 7:30PM, Theater</p>
<p>24</p>	<p>25 Aqua Aerobics w/Jenny, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p>	<p>26 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Chat w/Maintenance 3PM, Great Room</p>	<p>27 Aqua Aerobics w/Joanna, 9AM, Pool</p> <p>Exercise Class w/Paul 10AM, Exercise Room</p> <p>Wellness Discussion: Joanne Keyler: "It Is What It Is...Personally Speaking" (Ladies Only) 3PM, Gr. Rm.</p>	<p>28 Exercise Class w/Richard 10AM, Exercise Room</p> <p>Gentle Yoga w/Frances 11AM, Exercise Room</p> <p>Open Wii Bowling, 1PM, 1st fl. Activity Room</p> <p>Speaker: "Lessons from Andrew Carnegie's Life," Ian Sim, 4pm, Great Room</p>	<p>29 Aqua Aerobics w/Jackie, 9AM, Pool</p> <p>Tai Chi for Balance w/Kevin, 10:45AM, Exercise Room</p> <p>Pub Night 4:30PM, Café, BYOB</p>	<p>30</p> <p>Movie Night, "Arsenic and Old Lace" 7:30PM, Theater</p>
<p>31</p> 						