

September 2023 Activity Calendar

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

<p><i>Please check the Activity Board daily for any changes</i></p>	<p><i>*Fridays at 1:00 –Bike rides (on a trishaw) on the rail trails-sit back and enjoy! Please sign up</i></p>		<p>*Beauty Salon opens Monday afternoons and Tuesdays 8:30-4:00 with Nadine</p>		<p>1 10:30 Exercise Class-Mtg 1:00 Bike Ride-sign up 2:00 Movie-LR2 2:30 Bridge-Act Rm 5:00 HH/WDL's Lifecare Pig Roast-outdoors</p>	<p>2 10:00 Coffee Klatch-Enjoy coffee & conversation-LR1 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>3 1:30 Scattegories Game-Act Rm 3:00 Mexican Train-Act Rm</p>	 <p>4 1:30 Sing-A-Long with Molly & Fran-Gar Rm 2:30 Movie-LR2</p>	<p>5 10:00 Act.w/Jolene-LR2 10:30 Brain Fitness-Act Rm 1:00 Discussion of Psalms-LR2 2:30 Bocce ball-outdoors 6:30 Jim reading HP-LR1</p>	<p>6 <u>10:30 Chat with Nikki-Meet the new Executive Director-Mtg Rm</u> 1:00 Learn to play Hearts-Act Rm 2:00 Food Mtg-LR1 3:30 Social Hour w/Janet on Piano-Gar Rm</p>	<p>7 10:00 Act w/Jolene-Act Rm 10:30 Yoga Class-Mtg Rm 1:30 Craft with Finnie-Act 3:00 Game Time-ActRm Hearts/scrabble/cribbage</p>	<p>8 10:00 Act.w/Jolene-Act 10:30 Exercise Class-Mtg 1:00 Bike Ride(trishaw) 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>9 10:00 Coffee Klatch-Enjoy coffee & conversation LR1 1:00 Golf-putting green 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>10 1:30 Scattegories -Act Rm 3:00 Mexican Train-Act Rm</p>	<p>11 10:00 Act.w/Jolene Act Rm 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm</p>	<p>12 10:00 Act.w/Jolene-LR2 10:30 Brain Fitness-Act Rm 1:00 Enjoy a walk on campus 2:00 The Survival Story of Moose -NH Fish & Game-Mtg Rm 6:30 Jim reading aloud LR1</p>	<p>13 9:30 Current Events – LR1 10:00 Act.w/Jolene –LR2 10:30 Exercise Class-Mtg 1:00 Van Trip/Tour of the Hood Museum-please sign up 1:30 Golf-putting green 3:30 Social Hour w/Carol-Gar</p>	<p>14 10:00 Act.w/Jolene 10:30 Yoga Class-Mtg Rm 1:30 Capturing Family Stories with Mel-Act Rm 3:00 Program w/Master Gardener Joyce Amsden – Act Rm</p>	<p>15 10:00 Act.w/Jolene-Act 10:30 Exercise Class-Mtg 1:00 Bike Ride/Bocceball 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>16 Rosh Hashanah 10:00 Coffee Klatch-Enjoy coffee & conversation-LR1 1:00 Elijah on Piano-Gar Rm 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>17 1:30 Scattegories Game-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>18 10:00 Act.w/Jolene-ActRm 10:30 Exercise Class-Mtg Rm 1:30 BINGO-Act Rm 3:00 Learn about spiritual support & the role of a Chaplain w/Nancy Pellegrini –Mtg Rm</p>	<p>19 10:00 Activity w/Jolene-LR2 10:30 Brain Fitness-Act Rm 1:00 Game time-Act Rm Hearts/scrabble/cribbage 2:30 Service w/Father Guy Collins-Chapel 6:30 Jim reading Harry Potter-LR1</p>	<p>20 9:30 Current Events – LR1 10:00 Act.w/Jolene-LR2 10:30 Exercise Class-Mtg 1:00 Enjoy a walk on the rail trail 1:30 Mystery Van Ride Trip Please sign up 3:30 Social Hour - Gar Rm</p>	<p>21 10:00 Act.w/Jolene 10:30 Yoga Class-Mtg Rm 1:30 Capturing Family Stories with Mel-Act Rm 3:00 Meet the Artist-Carolyn Cramer talks about her paintings-Gar Rm</p>	<p>22 10:00 Act.w/Jolene-A 10:30 Exercise Class-Mtg 1:00 Bike ride-sign up 1:00 Charlie on piano-Gar 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>23 10:00 Coffee Klatch-Enjoy coffee & conversation-LR1 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>
<p>24 1:30 Scattegories 3:00 Mexican Train-Act Rm 30 1:30 Scattegories-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>25 10:00 Act.w/Jolene-Act 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 1:30 End of Life Discussion-with Bayada-LR2 3:00 Evergreen Singers-Gar Rm</p>	<p>26 10:00 Act. w/Jolene-LR2 10:30 Brain Fitness-ActRm 1:30 Talk on Diabetes w/Joanne Hayes-Mtg Rm 3:00 Team Trivia-Act Rm 6:30 Reading aloud w/Jim-LR1 (Harry Potter)</p>	<p>27 9:30 Current Events –LR1 10:00 Activity w/Jolene-LR2 10:30 Exercise Class-MtgRm 1:00 Nail Manicure-Act Rm 2:00 Book Club-Act Rm 3:30 Social Hour –Elijah/piano</p>	<p>28 10:00 Act. w/Jolene-Act 10:30 Yoga Class-Mtg Rm 1:30 Capturing Family Stories with Mel-Act Rm 3:00 Program about Artist Georgia O’Keeffe-Mtg Rm</p>	<p>29 10:00 Act.w/Jolene 10:30 Exercise Class-Mtg 1:00 Bike Ride-sign up 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>30 10:00 Coffee Klatch-Enjoy coffee & conversation 2:00 Movie-LR2 2:30 Sequence-Act Rm</p>