




May 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 10:00 Exercise w/Jolene-LR3 10:30 Exercise Class-Mtg Rm 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm</p>	<p>2 10:00 Exercise w/Jolene-LR3 10:30 Brain Fitness-Act Rm 1:30 Sing-a-long –Gar Rm 2:30 Scrabble/cribbage-Act 3:30 -Reading aloud w/Jim LR2</p>	<p>3 10:00 Exercise w/Jolene-LR3 10:30 Exercise Class-Mtg 1:00 Mexican Train-Act Rm 2:00 Food Meeting with Sam & Brian-LR1 3:30 Social Hour-Gar Rm</p>	<p>4 10:00 Exercises w/Jolene-LR3 10:30 Gentle Yoga-Mtg Rm 1:30 Craft with Finnie-Come make flowers !ActRm 3:30 Service w/Rev Bae -Chapel</p>	<p>5 10:30 Exercise Class-Mtg 2:00-Cinco de Mayo Dessert Tasting-Dining Rm 3:00 Movie-LR2 3:00 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>6 <i>Kentucky Derby!</i> 10:00 Coffee Klatch Stop by for coffee and conversation-LR1 Coronation King Charles 2:00 Movie -LR2 2:30 Sequence Game-Act</p>
<p>7 1:30 Scattegories-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>8 10:0 Gentle Exercise –LR3 10:30 Exercise Class-Mtg 1:30 BINGO-Act Rm 1:30 End of Life Discussion with Cynthia-LR2 3:00 Hymn Sing-Gar Rm</p>	<p>9 10:00 Exercise w/Jolene-LR3 10:30 Brain Fitness-Act Rm 2:00 Wine tasting with David-Gar Rm 3:30 Reading aloud w/Jim Hughes-LR2</p>	<p>10 10:00 Exercise –LR3 10:30 Exercise Class-Mtg 1:30 HH Antiques Roadshow –Gar Rm (Bring something to be appraised). 3:30 Social Hour-Gar Rm</p>	<p>11 10:00Gentle Exercise-LR3 10:30 Gentle Yoga-Mtg 1:00 Adult coloring-Act Rm 1:30Mystery Van Trip-Please sign up 3:30 You Be the Judge-LR2</p>	<p>12 10:30 Exercise Class-Mtg 1:00 Charlie on piano-Gar Rm 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-LR2</p>	<p>13 10:00 Coffee Klatch Stop by for coffee and conversation-LR1 2:00 Movie -LR2 2:30 Sequence Game-Activity Room</p>
<p>14 Mother’s Day Enjoy a Mother’s Day Brunch! 1:30 Scattegories-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>15 10:00 Exercise w/Jolene-LR3 10:30 Chat w/Rob-Mtg Rm-For all Residents 1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm</p>	<p>16 10:00 Exercise w/Jolene-LR2 1:30 Sing-a-long-Gar Rm 2:30 Service with Father Guy Collins-Chapel 3:30Reading aloud w/Jim-LR2</p>	<p>17 10:00 Exercise /Jolene-Act Rm 10:30 Exercise Class-Mtg 2:00 Kathleen Peters Art Talk -Beauty: A Balm for the Wounds We Bear-.Mtg 3:30 Social Hour-Gar Rm</p>	<p>18 10:00 Exercise w/Jolene-LR3 10:30Gentle Yoga-MtgRm 1:30 Leonard Bernstein Music Program with Pippa-Mtg Rm 3:30 Meditation-LR3</p>	<p>19 10:30 Exercise Class-Mtg 1:00 Rock Art-Act Rm 2:00 Movie-LR2 2:30 Bridge-Act. Rm 7:00 Movie-LR2</p>	<p>20 10:00 Coffee Klatch Stop by for coffee and conversation-LR1 2:00 Movie-LR2 2:30 Sequence Game-Activity Room</p>
<p>21 130 Scattegories-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>22 10:00 Exercise w/Jolene-LR3 10:30 Exercise-Mtg Rm 2:00 Upper Valley Bell Ringers-Dwinell Rm 3:30 Hymn Sing-Gar Rm</p>	<p>23 10:00 Exercise /Jolene-LR3 10:30 Brain Fitness-Act Rm 12:30 School Visits with Jim -LR2 2:00 Kitchen Tour for those who missed first one-LR1 3:00 Golf-outdoors 3:30 Reading aloud w/Jim-LR2</p>	<p>24 10:00 Exercise /Jolene-LR3 10:30 Exercise Class-Mtg 1:30 Mystery Van Ride Please sign up 3:30 Social Hour-Gar Rm</p>	<p>25 10:00Gentle Exercise LR3 10:30 Gentle Yoga-Mtg 1:30 Pianist/Singer Kirsten Becker performs-Gar Rm 3:00 Bocce ball-outdoors (weather permitting)</p>	<p>26 10:30 Exercise Class-Mtg 1:00 Enjoy a walk 2:00 Movie-LR2 2:30 Bridge-Act Rm 7:00 Movie-Dwinell Rm</p>	<p>27 10:00 Coffee Klatch Stop by for coffee and conversation-LR1 2:00 Movie –LR2 2:30 Sequence Game-Activity Room</p>
<p>28 1:30 Scattegories-Act Rm 3:00 Mexican Train-Act Rm</p>	<p>29  1:30 BINGO-Act Rm 3:00 Hymn Sing-Gar Rm</p>	<p>30 10:00 Exercise w/Jolene-LR3 10:30 Brain Fitness-Act Rm 1:30 Game Time-Scrabble/cribbage-Act Rm 3:30 Reading aloud w/Jim-LR2</p>	<p>31 10:30 Exercise Class-Mtg 1:00 Movie/LR2 2:00 Book Club with Barbara-Act Rm 3:30 Social Hour-Gar Rm</p>		<p style="text-align: center;">918 <i>*Check channel 918 on your TV for the Activities for the day</i></p>	<p><i>*Please check touchtown and the Activity Board daily for any changes and updates</i></p>