



# March 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>*Beauty Salon open Monday afternoons and Tuesdays 8:30-4:00 with Nadine</i></p>		<p><b>1</b> 10:30 Exercise Class-Mtg <b>1:00 Mexican Train-Act Rm (Dominos)</b> <b>2:00 Food Meeting with Sam&amp; Brian-LR1</b> 3:30 Social Hour-Gar Rm</p>	<p><b>2</b> 10:30 Gentle Yoga-Demo class-Mtg Rm <b>2:00 Bessie's Story: Watching the Lights Go Out-Mtg Rm</b> <b>3:30 Game Time-Act Rm</b> Sequence, scrabble, cribbage</p>	<p><b>3</b> 10:30 Exercise Class-Mtg <b>2:00 Movie-LR2</b> <b>2:30 Bridge-Act Rm</b> 7:00 Movie-LR2</p>	<p><b>4</b> 2:00 Movie or documentary-LR2 2:30 Sequence Game-Activity Room <b><u>3:30 UVMC Violin Concert -Dwinell Rm</u></b></p>
<p><b>5</b> <b>1:30 Scattogories Game-Act Rm</b>  <b>3:00 Mexican Train-Act Rm</b></p>	<p><b>6</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg. <b>1:30 BINGO-Act Rm</b> <b>3:00 Hymn Sing-Gar Rm</b></p>	<p><b>7</b> 10 Exercise &amp; Activities-LR2 10:30 Brain Fitness-ActRm <b>1:30 HH Sing-A-long w/Molly &amp; Fran- Gar Rm</b> <b>2:30 You Be The Judge-LR2</b> <b>3:30 Jim Reading aloud Harry Potter-LR2</b></p>	<p><b>8</b> 10 Exer.&amp; Activities-LR2 10:30 Exercise Class-Mtg <b>11:30 Lunch Out at Tech School-please sign up</b> <b>2:30 Chat with Amy-Mtg Rm-Learn HH news</b> 3:30 Social Hour-Gar Rm</p>	<p><b>9</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Gentle Yoga-Mtg <b>1:30 Painting Class w/Christine-Act Rm</b> <b>3:30 Fun with words-Act Rm</b></p>	<p><b>10</b> 10 Exercise &amp; Act.LR2 10:30 Exercise Class-Mtg <b>1:00 Nail Manicure-Act Rm</b> 2:00/7:00 Movie-LR2 <b>2:30 Bridge-Act. Rm</b> 7:00 Copenhagen "Open Rehearsal"-Gar Rm</p>	<p><b>11</b> <b>2:00 Movie or documentary-LR2</b>  <b>2:30 Sequence Game-Activity Room</b></p>
<p><b>12</b> <u>Daylight Savings Time-Clocks spring forward</u>  1:30 Scattogories Act Rm 3:00 Mexican Train-Act Rm</p>	<p><b>13</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg <b>1:30 BINGO-Act Rm</b> <b>3:00 Hymn Sing-Gar Rm</b></p>	<p><b>14</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Brain Fitness -ActRm <b>1:30 Country/folk singer Carl Brogan-Gar Rm</b> <b>3:30 Jim Reading aloud Harry Potter-LR2</b></p>	<p><b>15</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg <b>2:00 Catholic Service with Father Sullivan-Chapel</b> 3:30 Social Hour-Gar Rm</p>	<p><b>16</b> 10 Exercise &amp; Act.LR2 10:30 Gentle Yoga-Mtg.Rm <b>2:00 Poetry of Billy Collins w/Kim-Act Rm</b> <b>3:00 Rummy card game-&amp; Scrabble</b></p>	<p><b>17</b> 10 Exer.&amp; Activities-LR2 10:30 Exercise Class-Mtg <b>1:00 Movie-LR2</b> <b>1:30 Bridge-Act Rm</b> <b>3:00 St Patrick's Day Party! Dwinell Rm</b> 7:00 Copenhagen-rehearsal-Gar</p>	<p><b>18</b> <b>2:00 Movie or documentary-LR2</b>  <b>2:30 Sequence Game-Activity Room</b></p>
<p><b>19</b> <b>1:30 Scattogories Game-Act Rm</b>  <b>3:00 Mexican Train-Act Rm</b></p>	<p><b>20</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg Rm <b>1:30 BINGO-Act Rm</b> <b>3:00 Hymn Sing-Gar Rm</b></p>	<p><b>21</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Brain Fitness-ActRm <b>1:30 HH Sing-A-long-Gar Rm</b> <b>2:30 Service with Father Guy Collins-Chapel</b> <b>3:30 Jim Reading HP-LR2</b></p>	<p><b>22</b> 10:30 Exercise Class-Mtg <b>1:30 Game Time-LR1 (scrabble/sequence/Cribbage etc.)</b> 3:30 Social Hour-Gar Rm</p>	<p><b>23</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Gentle Yoga-Mtg Rm <b>1:30 Talk on Arthritis with Julia Moore-MtgRm</b> <b>3:00 Show &amp; Tell Reminiscing-Act Rm</b></p>	<p><b>24</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg <b>1:00 Charlie on piano-Gar</b> 2:00/7:00 Movie-LR2 2:30 Bridge-Act. Rm</p>	<p><b>25</b> <b>2:00 Movie or documentary-LR2</b>  <b>2:30 Sequence Game-Activity Room</b></p>
<p><b>26</b> <b>1:30 Scattogories Game-Act Rm</b> <b>3:00 Mexican Train-Act Rm</b></p>	<p><b>27</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg <b>1:30 End of Life Discussion -LR2</b> 1:30 BINGO-Activity Rm 3:00 Hymn Sing-GarRm</p>	<p><b>28</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Brain Fitness -Act Rm <b>1:00 Meditation-LR3 (1/2 hr. video)</b> <b>2:00 Cornhole-LR1</b> <b>3:30 Jim Reading HP-LR2</b></p>	<p><b>29</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg 1:00 Movie-LR2 <b>2:00 Book Club -Act Rm</b> <b>3:30 Social Hour-GarRm</b></p>	<p><b>30</b> 10 Exercise &amp; Act-LR2 10:30 Gentle Yoga-MtgRm <b>1:30 Talk on Artist Edgar Degas w/Pippa -Mtg Rm</b> <b>3:00 Craft-Spring Beauty in a Mug w/Susan Downs-Act Rm</b></p>	<p><b>31</b> 10 Exercise &amp; Activities w/Jolene-LR2 10:30 Exercise Class-Mtg 2:00 Movie-LR2 2:30 Bridge-Act. Rm <b>7:00 Popcorn &amp;Movie-Dwinell Rm</b></p>	<p><b><i>*Please check touchtown and the Activity Board daily for any changes</i></b></p>